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Jan. 31, 2008 | The University of Victoria's Independent Newspaper | Vol. 60, No. 21 | www.martlet.ca

Losing the condom

Folks of all sorts come to titillating poetry night at Solstice Café

Kelly Dunning

"Kelly, I have a challenge for you," poet Ryefield Ford whispered to me in his velvety voice, leaning across the table at the Garrick's Head Pub on a cold January night. "You must start memorizing all your poems. It is so worth it. Trust me."

The first time Ford performed a poem without reading it from paper, he felt a live connection that was about more than just words on a page.

"When you have your paper in front of you, it's like a condom that protects you from the audience," Ford said. Now that he has felt the intense pleasure of unprotected spoken word, Ford swears he will never go back.

Ever since the conception of the Tongues of Fire poetry night in 2005, local poets have been making hot love to the microphone every other Thursday evening at the Solstice Café, an urban sanctuary in busy downtown Victoria. Some are meek-voiced and fresh out of high school English class, clutching their paper condoms in quivering, sweaty hands. Others swagger up to the mic bare-handed, ready to spread their political, romantic, tender, angry or joyous seeds of wisdom with sensual abandon. All are welcome, and all are applauded.

Spoken word is the art of dramatically reading poetry aloud. It can make you laugh, cry, or send goosebumps down your spine. For the poets in the Tongues of Fire community, it is a calling, an emotional release, a voice of change and a way of life.

See *Open mic feeds need*, p. 2

LINLEY FAULKNER FILE PHOTO

Shayne "avec-i-grec" Aiechele often hosts the Tongues of Fire poetry night at Solstice Café.

UVSS delays electoral changes

$7,500 McCallum report plus $2,200 to implement changes equals no bylaw reforms

Matthew Gauk

Amendments to the UVic Students' Society (UVSS) bylaws on student elections — recommended by Sandra McCallum and mandated by students at the annual general meeting in October — were effectively put off until next year by directors at the board meeting on Jan. 28.

The board decided against putting the bylaw changes on the agenda for the Feb. 14 semi-annual general meeting. The changes called for the appointment of an independent elections adjudicator and the establishment of an arbitration panel as the final level of appeal on elections complaints. To change bylaws, the UVSS board needs to bring motions forward to the student body at general meetings.

But that didn't happen. Several directors-at-large said the wording of the amendments wasn't clear enough and questioned the wisdom of having a single adjudicator.

"I guess the point [director-at-large Corinne Harbidge] and I are trying to make is that it seems really rushed," said director-at-large Mike Waters, who was disqualified from the 2006 UVSS election despite garnering the most votes for chairperson. "And having reviewed it, I don't think it would be any better than what we previously had in place. I think if we're going to do this right we should do it right once. We should spend more time and have a lot more input.

Director of finance Jamie Strachan spoke against tabling the motions. He warned the board that leaving these bylaw amendments off the semi-annual general meeting agenda would leave the electoral committee and the board of directors itself as the top levels of appeal for elections complaints. McCallum's report called this setup "troubling" and noted that the board of directors is not "an appropriate appeal forum."

The amendments were brought to the board at the last minute because the person the UVSS hired to implement McCallum's recommendations, Chris Lloyd, submitted an unsatisfactory report on Jan. 12. Lloyd was hired to make sure McCallum's recommendations were implemented, but instead wrote up his own recommendations.

Chairperson Tracy Ho said Lloyd's report contradicted McCallum's recommendations in places, while director of academics Caitlin Meggs called the plans, which included barring co-op students from participating in elections, "crazy."

See *Amendments*, p. 2

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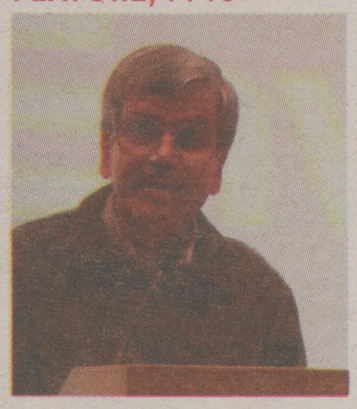

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Amendments also postponed

The UVSS paid Lloyd $2,200 for his first draft, but is refusing to pay Lloyd for his final report.

Amendments to UVSS electoral policy, which don't need to be approved of by the student body, were also tabled at the Jan. 28 meeting. These amendments will be sent to the organizational development committee to be refined before going to a vote at the Feb. 11 board meeting.

Ho said she is confident the policy changes will be approved and in place before the March election. Most of the changes have to do with the complaints and appeals processes.

VERTIGO GETS RENOVATIONS

The UVSS board of directors passed a $216,890 preliminary budget for major renovations planned for Vertigo later this year.

The money for the former nightclub next to Felicita's will come from the Dr. Ewing Memorial Fund, which hasn't been used since 1996, when the UVSS spent $10 million renovating the Student Union Building.

A very early and rough floor plan was presented to the Jan. 28 board meeting. Director-at-large Mike Waters said a lot of money was at stake and that the board hadn't been given enough of a cost breakdown or sufficient concept artwork to go ahead with the allocation. He tried to table the motion, but this suggestion was voted down.

"The level of detail that [Waters] says he's looking for isn't available at this time ... as the project hardens and as the architects draft the drawings and subcontract the work and stuff like that, those numbers will become available," said UVSS general manager Marne Jensen.

The UVSS Vertigo Renovations Committee initially planned to see the former nightclub overhauled over this past Christmas break, but this proved unworkable. They now hope to complete the renovations over the summer and have it completed by September.

"We told [the designers] a list of priorities we wanted to see — we wanted to see flexible space for students to use for clubs, for studying, and to hold special events," said UVSS chairperson Tracy Ho.

Continued from p. 1

Open mic feeds need for writers' outlet

The Tongues of Fire Poetry Collective was born from a conversation between poets Steven J. Thompson, Julia Flagg and Genevieve Robichaud. The poets realized that Victoria had a large community of writers, but almost no outlet for spoken word poetry.

They organized an open mic night in September 2005 at the Solstice Café. The premiere, with the theme "Liberate Your Voice," was a huge success, and the collective later received a grant from the Canada Council for the Arts. The organizers started inviting special guest poets, and the event has been happening biweekly ever since. Co-creator Thompson's vision for Tongues of Fire is to make poetry "inclusive, accessible, challenging and inspiring."

The open mic is frequently hosted by Shayne Aeichele (better known by his stage name, shayne avec-i-grec), who describes himself as a "vagabond poet and a wandering weirdo."

Aeichele, with a dirty-blond beard and shaggy hair, is a slightly more sarcastic version of Baloo the Bear from Disney's *The Jungle Book*. Aeichele's passion for spoken word is contagious. He loves the pleasure of reciting live to an audience.

"When you click with the crowd, you just know," Aeichele said. "And that's one of the best feelings ever."

BREATHING FIRE

I know what Shayne Aeichele means when he talks about connecting with the crowd.

When I moved to Victoria from Alberta, I felt lost and homesick. My sense of identity had been left back home. After losing a job, switching my major and breaking up with my boyfriend, I was desperately trying to remember who I was.

Autumn came around. I wandered into the first Tongues of Fire by accident and signed up for open mic on a whim. It was one of the best spur-of-the-moment decisions I have ever made.

There was everyone from a curvy blond who sung her romantic ballads, to a wild-eyed frizzy-haired young hippie who swayed and loped around the stage as he freestyled about urban gardening.

There were poems about broken hearts, consumerism, masturbation and everything in between. I knew that I needed to tap in to this expressive energy, so I threw my name in the mix and found myself on stage that night with a microphone on my lips and lights in my eyes.

This is where I belong, I realized, strangely calm.

I recited two of my poems and was floored with the strength in my voice. After a year of feeling depressed and lost, I felt like myself again. The applause was like a group hug.

I walked home with broad strides. No longer did I feel insignificant and alone. I felt like every leaf on every tree was mine, like the Earth was beating beneath my feet and I was free to play, to live, to create.

Spoken word helped me find the most valuable thing I ever lost: myself. You never know what you'll find until you step up to that microphone and breathe your fire.

AHMED MUMENI PHOTO

Marion Ehrenberg directs UVic's successful clinical training program.

Psychology students ace test

Rebecca Kostamo

Graduates from UVic's clinical doctoral psychology program are scoring the highest in North America.

Over the past decade, graduates from UVic's clinical psychology doctoral program have outscored graduates from across the continent in the Examination for Professional Practice in Psychology, according to the Association of State and Provincial Psychology Boards, which gathers information from graduates from 163 different North American universities.

Marion Ehrenberg, associate professor and director of UVic's clinical training, said the competitiveness of UVic's program, the comprehensiveness of the training, and the recruitment of very strong students contribute to UVic graduates' high test scores.

The three-hour exam consists of 200 multiple choice questions. All PhD students write the exam between three months to two years after graduation.

Ehrenberg described the in-depth training which balances practical experience with scientific research. The program follows an apprenticeship model, allowing for lots of one-on-one time between students and professors.

The UVic clinical psychology PhD program only accepts four to seven students each year.

"It is highly competitive ... it attracts some of the best applicants in North America," said Laura Janzen, a recent graduate.

While the program does attract international students, the majority come from Canada or the United States because many international students face financial and language barriers.

Janzen now works at the Hospital for Sick Children in Toronto. She wrote her PhD dissertation on the assessment of obsessive-compulsive disorder in youth.

"The program's faculty were top-notch and I was particularly impressed by the commitment of faculty to the success of the program and their graduates," said Janzen. "My experiences in the program really instilled a sense of striving to excel."

Janzen said it was UVic's focus on neuropsychology that attracted her to the campus.

"UVic is one of only two clinical psychology programs in Canada that offers specialization in clinical neuropsychology," she said. "Both in Canada and the U.S., others in the field were of the opinion that graduates of this program were of a very high caliber."

How hard is it to get into UVic's clinical psychology doctoral program?

"At the time I was applying, I [read] it was more difficult to get into a clinical psychology graduate program than medical school," Janzen said.

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Jewish ribbon campaign vandalized

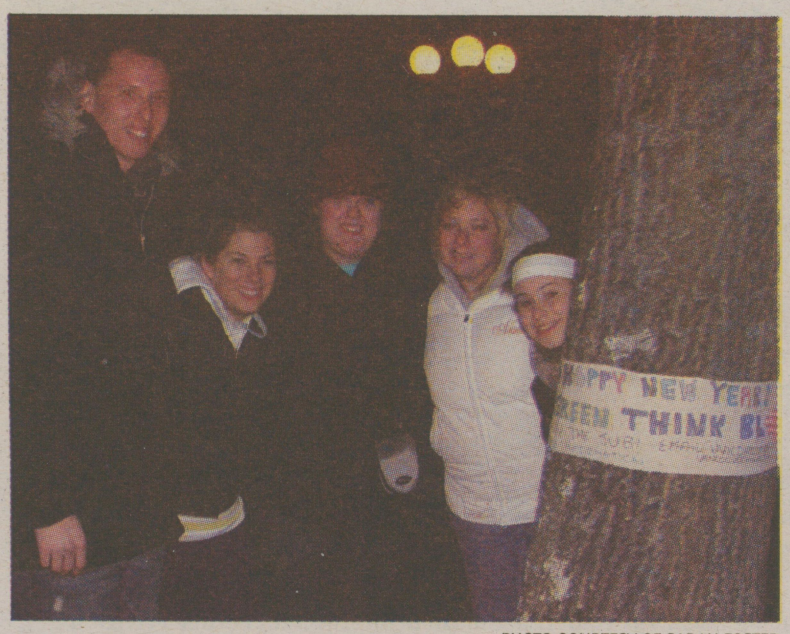

PHOTO COURTESY OF SARAH FOSTER

On Jan. 22, Israel on Campus put ribbons on trees, but they were removed hours later. The members, from left to right, are David Glick-Stal, Andrea Sorin, Sarah Foster, Elysha Ames and Rachael Segal.

Melanie Tromp

Decorations celebrating a Jewish holiday were removed in the wee hours of the morning on Jan. 22.

Several of UVic's Israel on Campus club members gathered at midnight to tie 45 cloth ribbons to trees lining the quad between the McPherson Library and the MacLaurin building. By 10 a.m., all but one of the ribbons had been torn down.

"The reason why we think it was maybe more than a coincidence is because there were so many of them around a lot of trees," explained Andrea Sorin, co-chair of Israel on Campus. "I see that as more of an intentional action than a coincidence."

The streamers were intended to both celebrate the Jewish holiday Tu B'Shevat – the new year of the trees — as well as promote the group's ongoing "Think Green, Think Blue" campaign, an information-sharing initiative aimed at educating the community about Israel's efforts in creating a more environmentally sustainable planet.

"It's a celebration of nature," said Sorin. The week-long festivity ran in conjunction with the group's environmental information campaign in the Student Union Building.

Event organizers received permission keep the ribbons up for a period of two days from David Clode, executive director of student and ancillary services at UVic.

"The ribbons didn't fall under normal postering regulations, but we were fine with honouring Israel on Campus's unusual request as no damage would be done to the trees," said Clode.

Dan Schloss, a member of Israel on Campus involved with the event, said the incident was not the first time the group's promotional materials have been targeted. Schloss said that many event fliers approved for posting by the UVic Students' Society have been taken down shortly after posting throughout the year.

Clode was surprised by the vandalism, noting that UVic should be the "epitome of tolerance" where opposing ideas are welcome.

According to Clode, Israel on Campus was not the only group to fall victim to vandalism over the weekend. Several advertisements for the Career Fair on Jan. 31 were torn down or vandalized with black markers.

"Hopefully people will settle down as we move into this semester," said Clode.

Report uncovers problems in facilities management

David Karp

The department in charge of UVic's construction boom has unresolved conflict at many levels, according to a report obtained by the Martlet.

The Jan. 17 report, written by UVic human resources consultant Bryan Anscombe, found that "unresolved conflict exists at many levels, and that trust in others is generally low." It says the department has a "lack of skill and ability to prevent, manage and resolve these conflicts."

UVic's facilities management department, which employs more than 200 people, is in charge of campus design, construction, and maintenance of buildings and grounds.

Facilities management executive director Gerry Robson, who has been in charge of the department since it was created in 1994, said employees have differing views about how deep the conflict runs.

"The magnitude of the problems would be up for discussion, but I think the report has identified real issues," said Robson.

Gayle Gorrill, UVic's vice president of finance and operations, said an influx of new employees in facilities management drew attention to the issue.

"As you add these new people, it changes the dynamics and you get an identification of some of the issues," said Gorrill, Robson's direct supervisor.

Anscombe's report is the result of 19 interviews with facilities management employees — mostly managers — and analysis of exit interviews of departing facilities management staffers. It recommends the department develop communication guidelines, develop new job descriptions and expand management's information reports.

"When you've got people who have been in jobs for a long time, things morph," said Gorrill.

Anscombe also calls on facilities management to develop a conflict prevention and resolution process and hold education workshops.

Robson said his department is examining Anscombe's recommendations, and will meet in the next two weeks to develop an action plan. It will likely take "a year or two" to address all of the recommendations — whether or not they are implemented, he added.

"After developing a priority and a strategy for dealing with the recommendations, it may or may not be that every one is followed through on," said Robson. "But there won't be any recommendations that are unilaterally left off without being considered for action."

Gorrill said she plans to review progress after six months. She said facilities management will come up with its own action plan, rather than have one imposed upon them.

"My role is to make sure that the recommendations are implemented," said Gorrill. "But they need to own it, they need to develop it, and they need to be a part of it."

The report references two paragraphs of UVic's Equity and Fairness report to describe the "resulting damage" of these conflicts.

The Equity and Fairness report warns that "conflict, if ignored, has a deteriorating effect on relationships . . . it has a particularly deleterious effect on those with the least power or authority."

The Equity and Fairness report also warns that "positions are [often] entrenched deeply by the time the conflicts are brought to [management's] attention. At this point, the 'collateral damage' created by the conflict is having significant impact."

Gorrill said the problems have been building over time.

"It didn't just happen all of a sudden. When you have something that happens really, really, really gradually, you don't even notice it over time."

But Gorrill stands behind the facilities management staff, saying she's not considering any changes to senior management right now.

"I take [the report] seriously, but I'm supportive and I absolutely believe that we can do the things that we need to do there," she said.

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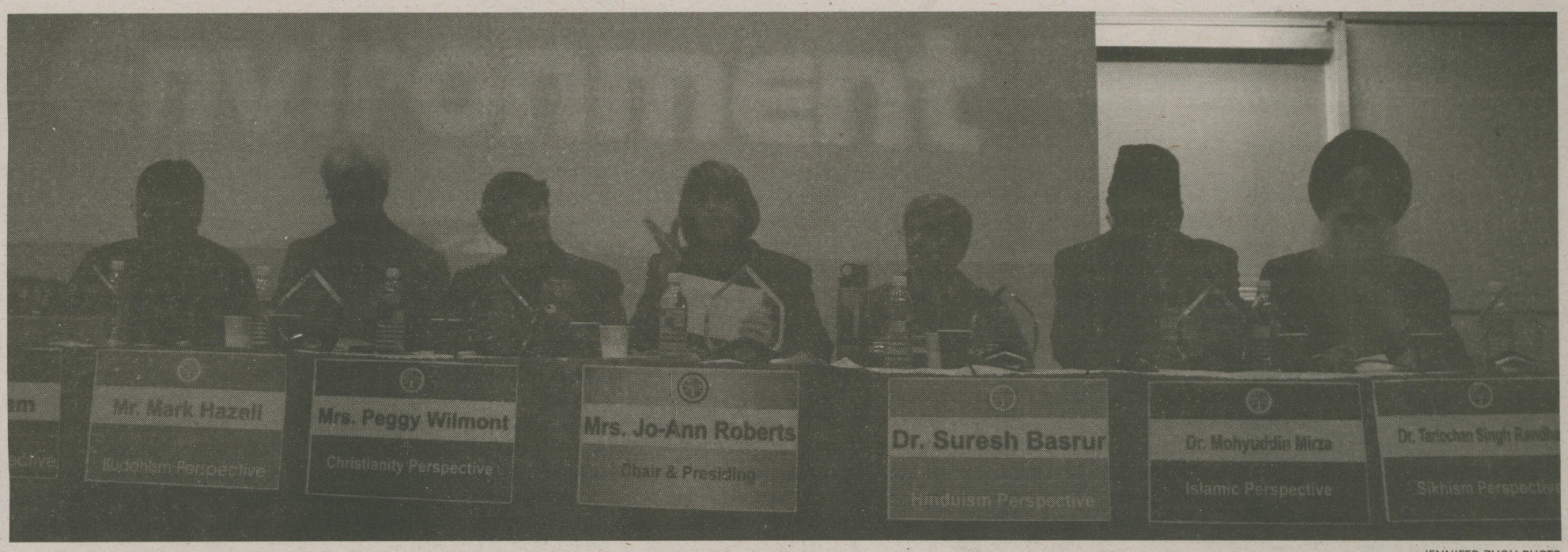


JENNIFER ZHOU PHOTO

Panelists at the third annual World Religions Conference on Jan. 27 agreed that most religions preach environmentalism. The conference looks to increase ties between religions.

Different faiths, same green streak

Samantha Magnus

What do Buddha, Muhammad and Jesus have in common? They're all environmentalists, according to believers who spoke at the third annual World Religions Conference.

The discussion, held in UVic's David Lam Auditorium on Jan. 27, focused on how religion can help protect the environment. The Ahmadiyya Muslim Community has been hosting interfaith conferences since the sect's inception more than 100 years ago.

"It's a first step in mutual understanding that we take one topic at a time," said organizer Rizwan Peerzada.

The four-hour conference featured six 20-minute speeches from representatives of different faiths. Event chair Jo-Ann Roberts, host of CBC Radio's All Points West, instructed presenters to speak only of perspectives from their own religion and "not to cast dispersions on the faiths of others."

There was finger pointing, sort of: each speaker blamed ignorance and irresponsibility for the planet's sorry state. Everyone agreed that we are intimately connected to the environment. And everyone agreed that we've wrecked it.

"Bugs don't mess things up — only humans have a knack for that," said Peggy Wilmont, an activist, Anglican and retired teacher who was the one Christian and only woman on the panel. God entrusted humans "with protecting and nurturing all of God's gifts," she said.

Whether the environment and humans are united as creations of God or as a single divine unity, each speaker described a sacred interconnectedness.

"Everything is a manifestation of the supreme being," explained Suresh Basrur, who provided a wealth of knowledge about Hinduism from many travels to India. "A Hindu sees divinity in everything."

"Any harm that we do is not harm to some insignificant other, it is harm to ourselves," said Mark Hazell, whose training is in both Buddhist meditation and real estate. "There is no other."

Speakers considered the harm we've caused the planet a given. Mohyuddin Mirza, representing the host Ahmadiyya Muslim Community, pointed only briefly to global warming and increasing natural disasters.

"I am not going to say God is punishing us — that's not my style," said Mirza. "But if God is the creator of resources and we have abused them, then you look and you choose."

Basrur said humans are part of the problem. "[One] who enjoys the gift and yet gives nothing is a thief," he said.

"Buddhism doesn't talk about guilt, it talks about responsibility," contrasted Hazell, who explained that Buddhism encourages us to replace ignorance by being "inquisitive and persistent."

Whether our actions have been wrong, or sinful, or simply mindless mistakes was under debate. Yet everyone agreed that we need to take responsibility and change our ways.

"A system is built with a particular outcome," said Hazell. "Our system is built to output pollution and damage the environment."

But in a secular system, what can religions do?

"Politicians come from us. They do not come from the sky," said Mirza. "If greed is among us, if waste is among us, then politicians will have greed and waste."

Basrur quoted Gandhi: "Earth provides enough to satisfy every man's need, but not every man's greed."

"Eating, drinking and making merry is not a Sikh way of life," said Tarlochan Singh Randhawa. "More is not better."

But living a simple life is not so simple. After goodies during the conference's intermission, trays of fruits and vegetables, cheeses and croissants were surrendered to the compost, and paper plates and napkins were chucked.

Wilmont said religions can start with reducing the ecological footprint of their own flock: first by recycling programs and carpooling on Sundays, and then by fostering environmental advocacy and by lobbying government.

"Our environmental crisis is a spiritual crisis," said Basrur. "A lot of the media gets caught up in materialism and worthless activity. True happiness comes from within, not from material possessions."

Perhaps that's not what Paris Hilton preaches.

"The core message of religions has been ignored," said Wilmont.

The politics of religion can make interfaith events like this one controversial. According to Peerzada, last year's pick of a Catholic to represent Christianity was met with complaints. And the Ahmadiyya Community has been under international heat since the sect was founded in 1889 by Hadhrat Ahmad, whom other Muslims do not consider a true prophet.

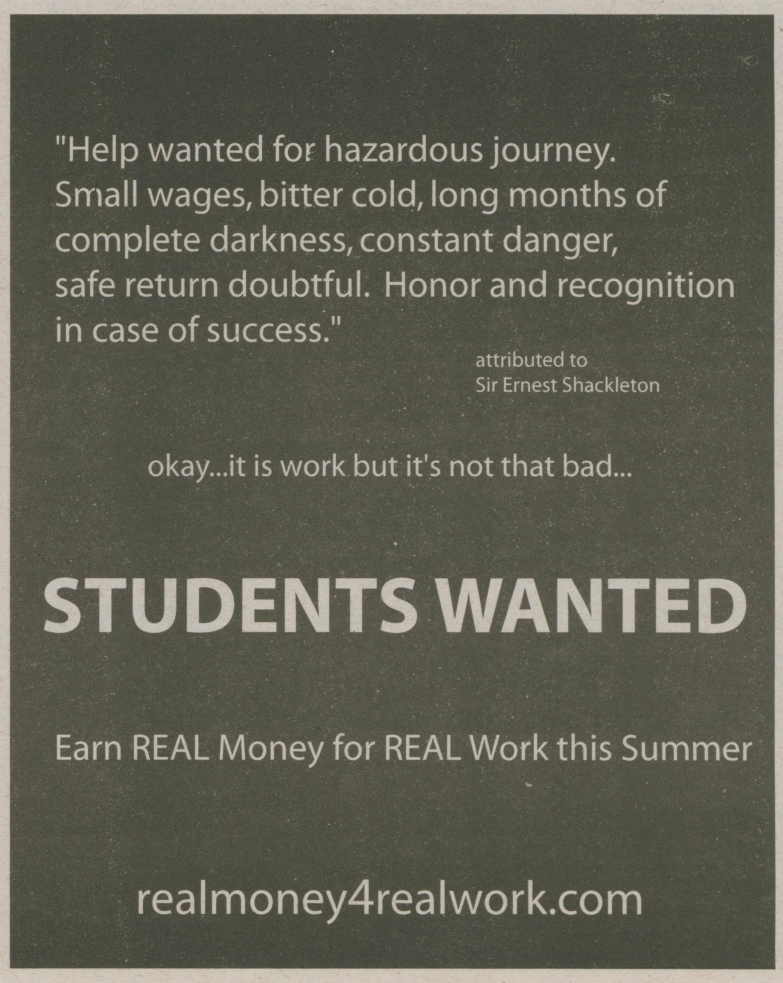
"We should leave up to God to decide who is right or wrong," said Peerzada. "We promote harmony and the understanding that our beautiful religion has taught us."

Any drama was not enough to draw crowds; about 70 people attended. Alan Sutherland — one of the few UVic students who attended — found the conference fascinating.

"More people should come to stuff like this," he said.

"If you were all here fighting, there would be a crowd so big this room couldn't hold us all," lamented chair Roberts. She wished for religious leaders to speak with one loud voice.

"The power of prayer is very strong," offered Coast Salish speaker Greg Sam. The conference ended in a silent prayer, but with the feeling that the world's religions can unite in more than silence.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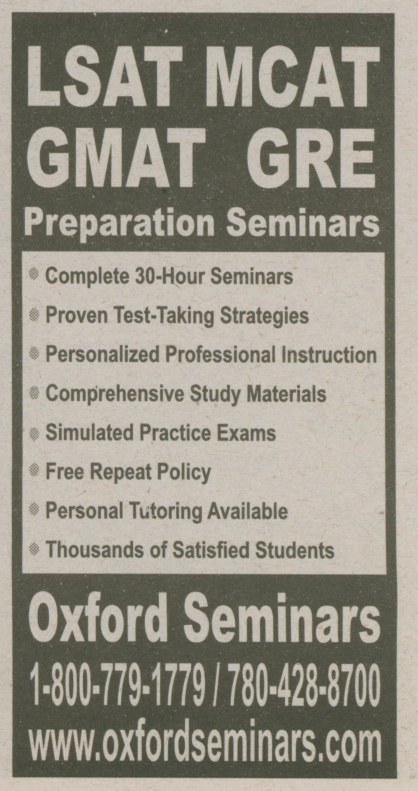

Evicted student holds housing roundtable

Nathan Lowther

With affordable housing in the Capital Region District (CRD) harder to find than anywhere else in Canada, local residents and community politicians are looking for viable solutions.

Last week, the Martlet reported that local resident Seth Wright and his 10 roommates were evicted from a 4,000 square-foot house in Saanich. In response, the third-year geography student organized a panel discussion, which was held on campus Jan. 23.

"My intention was to create a dialogue in the community and to get that dialogue in the public eye," said Wright.

That discussion included City of Victoria councilor Dean Fortin, who said that over 80 per cent of Victoria residents want their city council to address the affordable housing shortage. But Fortin also emphasizes that this situation didn't arise overnight.

"There has been no private investment in rentals in the past 25 years, and that's not going to change," he said.

This has been compounded by cuts to social housing funding under Mulroney and Chretien, Wright said in an interview after the forum. The result is a steady decline in the total number of rental units available in the CRD.

"There's real stiff competition for the very little housing that does exist," said Wright.

Victoria is making changes that will have some impact, such as eliminating the bylaw that outlawed secondary suites in single family homes. In fact, at the same time as Wright's forum, the city of Victoria was conducting a "how-to" seminar for homeowners interested in creating a secondary suite in their home. This is an important step, said Fortin.

"Secondary suites are a way to increase density without eating up green space," said Fortin. "They are one-third the cost of separate residences."

Other districts in the CRD are considering legalizing secondary suites. Saanich, for instance, is in the process of formalizing its Official Community Plan, which will be the blueprint for future development. Consideration of secondary suites is part of this plan, as Saanich looks for ways to increase density without turning more rural land over to developers. However, the first formal review of the community plan by the municipal council is not scheduled until April.

Fortin said city councilors also need to put more pressure on builders to ensure rental units are available in new condo buildings.

"People need to stand up and demand condo stratas allow rentals," said Fortin. "Stand up at all candidates meetings and ask if the candidates support affordable housing."

Jane Gordon of Yes In My Back Yard said one opportunity to show support is letter writing. Another is to attend council meetings, where usually only those opposed to social housing speak up. There is always a concern that social housing will depreciate property value, Gordon said, explaining why the opponents to low-income housing always manage to make the meetings.

Wright said he hopes the discussion will catch the ear of politicians so that solutions can be implemented.

"Politicians aren't very often true leaders, but like to get out in front of parades that already exist," said Wright. "What I'm trying to do is see if that parade is out there, see if there's a lot of people interested in these issues and get the politicians to be acutely aware that the momentum is there."

Province stalls courts

Roughly 50 people gather to protest delay in right-to-sleep-outside legal case

Meaghan Kerr

A rally in front of Victoria's courthouse on Jan. 28 called attention to an ongoing, but often disregarded, constitutional challenge against the City of Victoria. About 50 people congregated in support of the defendants in the lengthy court battle over the right to sleep outdoors.

The court case began in 2005 and has been continuously delayed by the government. A city bylaw prohibits camping in public space, loitering in a park, or "placing a chattel" on the ground. While these mandates could be applied to anyone, in practice they are targeted solely at homeless people. Victoria has a homeless population of 1,500 growing by roughly 10 people each month, but only 700 shelter beds.

Defence lawyers Irene Faulkner and Catherine Boies Parker said simple mathematics prove Victoria's practices violate basic human rights.

In September 2005, a tent city was organized in Cridge Park by David Johnston after months of harassment by security guards from nearby St. Ann's Academy. About 70 people lived in the park for a month before the City of Victoria sought a court injunction to evict them. The camp was taken down, but with a glitch. The city requested a permanent measure be taken, but the judge only granted a temporary injunction with the stipulation that the bylaw be reviewed.

"Now they're stuck — they can't admit to doing wrong so they lie and delay," said Johnston.

The city initiated the proceedings by filing the injunction, which it was required to defend in court. It tried to cancel the injunction after the tent city was taken down, but according to Johnston, "The court said it was criminal to even ask to do that, so they got the province involved."

Because this is a constitutional matter, the provincial government may have a say. It has taken the same stance as the municipal government, and has gone to the B.C. Supreme Court seeking a discontinuation of the proceedings. Now there are two pending court cases, both with nationwide ramifications — if they ever come to pass.

The court dates have repeatedly been delayed for the past two years. Monday's rally was a response to yet another postponement by the province, which was scheduled to be in court that day. Now it has set Feb. 18 for its appearance, while the city is scheduled for June 16.

University of Victoria Students' Society / Canadian Federation of Students Local 44

SEMI-ANNUAL GENERAL MEETING

THURSDAY FEBRUARY 14, 2008 - 3:00PM, CINECENTA

UVSS *Please Recycle

• AGENDA •

1. CALL TO ORDER
2. APPROVAL OF CHAIR
3. ADOPTION OF AGENDA
   a. Agenda of 08/02/14 SAGM
4. ADOPTION OF MINUTES
   a. Minutes of 07/10/25 AGM
5. SPECIAL RESOLUTIONS

Motion to amend Bylaws 10.2 and 10.3 – Director Absences
BIRT Bylaws 10.2 and 10.3 be amended to read as follows:

10.2 Leaves of Absence
Directors shall be permitted to take leaves of absence for a maximum of one (1) semester per term of office to facilitate co-op, work, or any school related activity that removes the Director from the Greater Victoria area.

10.3 Absences from Board of Directors' Meetings
With the exception of leaves of absence, as outlined in Bylaw 10.2, a Director who has missed four (4) regularly scheduled Board meetings with or without regrets throughout her term of office, except in the case of illness or emergency, shall be considered to have resigned.

i. Written warning shall be provided to a Director upon missing the third meeting.

ii. The Director shall be considered to have resigned upon adjournment of the first meeting missed after having received written warning.

iii. Resignation shall be communicated to the Director in writing.

Motion to provide notice of committee meetings
WHEREAS the UVSS holds several Open Committees with the intention of including any UVic student who wishes to attend; and

WHEREAS these Open Committees hold regularly scheduled meetings led by a member of the Board; therefore

BIRT all UVSS Open Committees provide clear written notice of meeting times and locations at least three (3) working days in advance of each meeting, clearly visible within the Student Union Building, and outside the Resource Centre; and

BIFRT the UVSS website be continually updated to provide these Open Meeting times and locations as they becomes available.

6. REPORTS
   a. **Board of Directors Report**
      Motion to adopt the report of the Board of Directors
      BIRT the February 2008 report of the Board of Directors be adopted as presented.
   b. **Directors at Large and Advocacy Representatives Reports**
      Motion to adopt the reports of the Directors at Large and Advocacy Representatives
      BIRT the reports of the Directors at Large and Advocacy Representatives be adopted as presented.
7. QUESTION PERIOD (limit 30 minutes)
8. OTHER BUSINESS
9. NOTICE OF MOTION
10. ANNOUNCEMENTS
11. ADJOURNMENT

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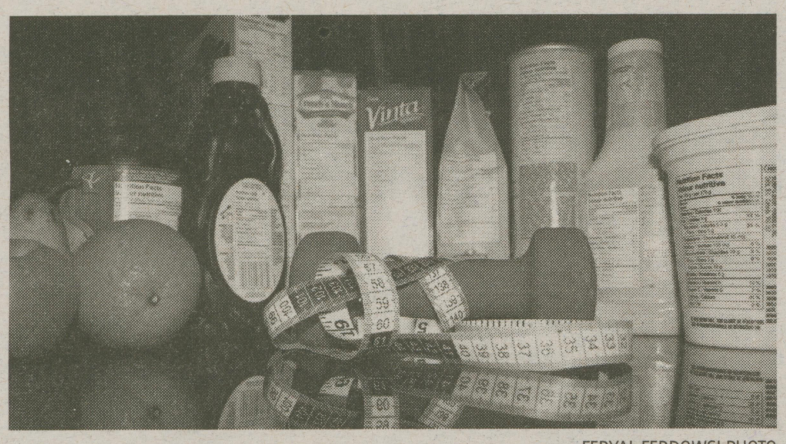

FERYAL FERDOWSI PHOTO

Next week marks Body Image Awareness Week at UVic.

Body image issues exposed

Feryal Ferdowsi

On Feb. 7 the Disordered Eating Action Committee will hold an event in support of the Body Image Awareness Week. The event includes an art show, information fair, guest speakers and a variety of interactive activities around the annual theme of celebrating our natural sizes.

The week's activities also include a Feb. 5 screening of Little Miss Sunshine in room 167 of the Elliot Building, followed by a discussion panel on the subject of body image.

Although disordered eating is more prevalent in women, it's a growing pattern among men, said UVic counsellor Susan Dempsey. She said disordered eating is "the distortion of body image," which closely ties into "one's relationship to food." It covers a large spectrum: skipping breakfast, thoughts about body dissatisfaction, or the extremes of bulimia and anorexia.

"We are living in a society that values thinness and self-discipline, but increasingly societies across the globe are also suffering from this phenomenon," said Christine St. Peter, a UVic women's studies professor. "Why is it that in an effort to become strong, women are choosing something that makes them physically, emotionally and psychologically weak?"

Marie Hoskins, a UVic professor of child and youth care, said unhappy people spend more money to compensate for the sense of emptiness. This in turn feeds into consumerism. Hoskins said disordered eating is believed to be most common among women aged 13 to 22, and 50 to 60, although it is tough to estimate the number of people because most don't disclose they have the disorder.

Hoskins said "Media images [portray] the perfect body that is always just out of reach."

Disordered eating is often developed as a way of dealing with stress and anxiety. Education could help prevent the problem, said Hoskins.

Students off to help ailing Hondurans

Medical brigade club will treat between 1,500 and 3,000 patients

Jen Gait

Many students seek the sun at reading break, but few work under it all day while attending to hundreds of people seeking medical care.

Twenty-two students in the UVic Global Medical Brigade will do just that. On Feb. 16, they leave for Honduras where they will set up and staff mobile clinics in villages without access to health care. Accompanied by a medical team, the group will treat 1,500 to 3,000 patients in two or more villages during their seven-day stay. The students will work with the medical brigade's non-profit partner, Sociedad Amigos de los Ninos, led by Sister Maria Rosa Leggol, a recent nominee for the Nobel Peace Prize.

Two students are in nursing, but the others are in disparate disciplines. Five Spanish-speaking students will translate for doctors, nurses and patients. They have already prepared picture books of body parts with Spanish and English translations to assist students working in patient intake. Other non-medical jobs include crowd control, pharmacy assisting and data entry.

The UVic chapter of Global Medical Brigades formed in September 2007. Since then its members have been busy fundraising, gathering medical supplies, recruiting medical personnel, learning Spanish and cultural sensitivity — in addition to full-time studies.

"Co-ordinating the cultural and educational components of the trip has been personally very rewarding for me as it has exposed us to some really amazing speakers," wrote fourth-year biopsychology student Molly Perry in an e-mail.

Marilee Atkinson is the UVic club's founder and president. A single mother of two children and a full-time student, Atkinson epitomizes the saying that if you want something organized, find a busy person.

"Its been a challenge not doing things to the degree that I normally would had I endless hours," she explained. "I said to the group, 'This is a group effort and we need everyone to come forward and take on different roles,' and they did."

Second-year biochemistry student Bain Konway, 20, took on the role of obtaining hundreds of pounds of medical supplies.

> "We still need multivitamins. Tons of them."
> *– Bain Konway, student volunteer*

"It will definitely be a lot," he wrote in an e-mail. "We will probably total around 40 to 50 pounds per person."

The group will carry hundreds of kilograms of medical supplies in their luggage, including five packs of medications weighing 30 kilograms each, another 3,000 assorted medications donated by a pharmaceutical company and the on-campus pharmacy, and everything from bandages to stethoscopes donated by the Compassionate Resource Warehouse.

Fundraising for medical supplies has been an ongoing activity, including a bake-sale, door-to-door canvassing, a bottle-drive and a fundraising event by the Health Sciences Students Association. Funds raised will help defray the $2,200 cost of medication and a mandatory $100 donation per student toward sustainable health care in Honduras. However, money is still required.

"We still need multivitamins. Tons of them," wrote Konway. "We're supposed to give at least a 20-day supply of multivitamins to all patients, and we are treating 1,500 people approximately. That's 30,000 multivitamins, which is pretty expensive."

Each participant also pays $1,800 for travel, accommodation and immunization.

"One of my big concerns at the beginning was that nobody not go because they did not have enough money," said Atkinson. "None of the students in the club are wealthy so we all had to work to get the money together. Students can do it."

A financial base and more members will help the club remain sustainable enough to send medical brigades out twice a year.

"Students can join the club now and go on a brigade next semester," Atkinson said.

Students join the club for many reasons. For Atkinson, it was the 2004 tsunami that sparked a desire to help people overseas. But she found that most volunteer positions required a professional designation or a long-term commitment — Global Medical Brigades requires neither.

A Salsa Night fundraiser, featuring beginner lessons and a live band, will be held at Vertigo on Feb. 1 at 7:30 p.m. There will also be a silent auction and prizes for best male and female "Latin Lover" costumes. Tickets are $10 and are available in the Clearihue lobby between 12:30 p.m. and 4:30 p.m. until Feb. 1.

Anyone wishing to donate or join the club should contact Atkinson at mjatkins@uvic.ca. Tangible donations of soccer balls, art and craft supplies or other items to amuse the children waiting with their parents can be left (well marked) at the Resource Centre in the Student Union Building.

Honduras

- Second-largest country in Central America at 112,000 square kilometres
- Bordered by the Caribbean Sea, Pacific Ocean, Guatemala, El Salvador and Nicaragua.
- Population is 7.5 million
- More than two-thirds of Hondurans live in extreme poverty
- Unemployment rate is 28 per cent
- Has 70 per cent of AIDS cases in Central America
- Lush, mainly mountainous terrain.

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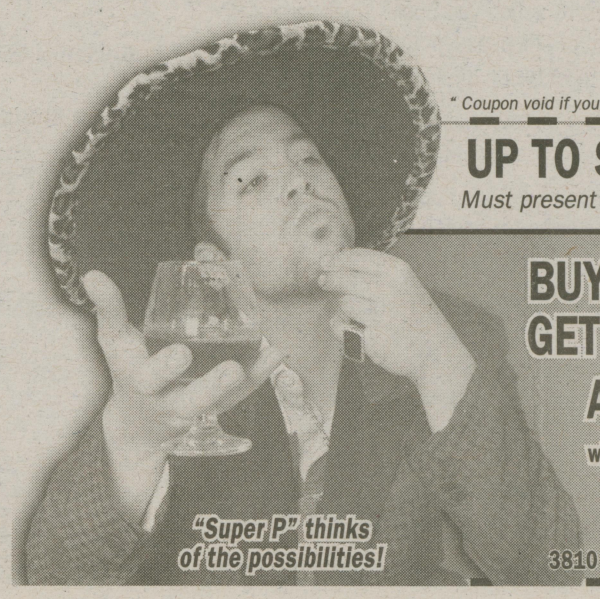

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Efforts mount to leave CFS

Elizabeth Hames

JENNIFER ZHOU FILE PHOTO

George Robinson is among a group of three students leading the push to take the UVSS out of the CFS, a student lobby group.

The organizers behind a petition to hold a referendum on the UVic Students' Society's (UVSS) membership in the Canadian Federation of Students (CFS) have added a Facebook group and a website to their arsenal.

The UVic Wants Out website and Facebook group are headed by students George Robinson, Kyle Granger and Randy Neville.

Robinson said he is "very confident" that the petition will reach its goal of 1,700 signatures by March. In order to pull out of the CFS, a student union must hold a referendum. But under CFS rules, a student union can't hold a referendum on membership unless 10 per cent of students sign a petition.

> "I think it's good that students are discussing membership."
>
> *– Caitlin Meggs, UVSS director of academics*

"Our goal is to have everything — all the signatures — and the petition sent away by March 21," said Robinson. "We are hoping to have a referendum ... by late September."

Robinson said the CFS is not effective in its lobbying for students and students do not benefit enough from their membership fee of $7.64 per semester — roughly $130,000 per year from UVic undergrads.

The money pays for CFS campaigns to lower tuition fees, reduce student debt, provide better public transit and eliminate adult basic education fees. It also funds the CFS's services and businesses, such as Travel Cuts, student handbooks and International Student Identity Cards.

But Robinson said students can still use these services and businesses without a CFS membership. UBC, for example, is not a member of the CFS, yet it has a Travel Cuts office on campus.

But Caitlin Meggs, UVSS director of academics and the student union's rep on the provincial CFS board, said there'd be drawbacks if UVic pulled out of the CFS.

"[The CFS] is not a perfect organization by any means," said Meggs. "But I think it's better to stay and work and make something better than to just give up on it."

She said the CFS-produced student agendas, which the UVSS spends more than $20,000 on per year and distributes for free, would decrease in quality.

"The handbook is quite well designed," said Meggs. "We just couldn't afford to provide that kind of service if we were doing it by ourselves."

Meggs and UVSS chairperson Tracy Ho said the CFS has provided good results in its lobbying efforts. They say a united voice of student unions provides a better chance for greater change.

Robinson disagreed.

"That's a great ideal, however that has failed in practice," said Robinson. "I firmly believe that we would be more efficient at lobbying if we were independent."

Although they may disagree on the merits of the CFS, Meggs and Robinson both agree that a referendum on membership would be beneficial.

"I think it's good that students are discussing membership," said Meggs. "Hopefully students will be able to learn more about [the CFS] and find out how much good work it does."

UVic Wants Out has applied for status as a UVSS club.

"As soon as we get club status we will be able to get a table and book rooms in the buildings and that's been a major barrier so far, is that we haven't been able to book space on campus," said Robinson.

Many student unions are not members of CFS. Some are members of the Canadian Alliance of Student Associations, while others are not members of any student lobby group.

NATIONAL NEWS

Men dig fictional chick flicks more than fact-based ones: study

Rachel Hendricks
THE GATEWAY

EDMONTON (CUP) — Women dragging their boyfriends to the latest chick flick might do well to tell them it's based on fiction.

The University of Alberta's Jennifer Argo, a marketing teacher in the School of Business, found that while women prefer emotional melodramas that are based on true stories, men like the fictitious variety.

"If you were to ask [a man] if he would like to go to Blockbuster and pick out a movie, chances are he's not going to be picking melodramatic entertainment, even though it's based on fiction," Argo explained. "But if they have to endure it, have to suffer through with their girlfriend or spouse, they'll like it more if it's based on fiction."

The study, which Argo authored with Rui Zhu and Darren Dahl from UBC for the February issue of the Journal of Consumer Research, asked participants to read the script of an idea for a television pilot.

The narratives were actually short stories which Argo described as featuring protagonists who work to overcome obstacles with perseverance and endurance, and which also contain an element of sadness.

Male participants who were told that the tear-jerker narrative was a "make-believe story" beforehand rated the story to be much more enjoyable than those who were told it was a "real life story."

The research team thinks they know why.

"Men use the info that it is fictional as an excuse to let down their tough guy facades in a safe setting. When a story is make-believe they can leave the story and the way it made them feel behind when they shut their book or leave the theatre, as it doesn't impinge on their real life," Argo said. "When the story is real they can't as easily leave the story behind, and so as a result they maintain their big-boys-don't-cry stereotypes."

The team has some suggestions for the movie industry.

"They often tell you at the beginning of a movie if it's based on fact," Argo said. "So if you want to appeal to males, don't say that. And if it's based on fiction and you want to appeal to men, make sure you put the line in."

Argo said that the research will be of interest to advertisers, who aim to reach members of their target audience in good moods, as TV viewers are known to rate products more favourably when advertised during programs they enjoy.

This week in Martlet history

Stories from the Martlet archives

Feb. 5, 1998 — A Martlet feature, "The M Files," took a closer look at a residence cafeteria food poisoning incident that left 300 students recovering from headaches, diarrhea, vomiting, weakness and dehydration.

Food Services made changes to the food handling procedures, but no apology was ever issued.

Feb. 4, 1988 — Hours after the Supreme Court of Canada ruled abortion laws unconstitutional, the provincial government appealed it.

Health Minister Peter Dueck called abortion "morally wrong," and compared it to cosmetic surgery. His ministry then cut funding for abortions through the Medical Services Plan of B.C.

Opposition leader Mike Harcourt called for Dueck's resignation on the grounds that Dueck's personal biases were interfering with his cabinet role.

One woman who supported the the Supreme Court said it isn't "a radical fringe element in our society."

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Opinions

EDITORIAL

Big media cutbacks are alarming

Victoria's CHEK News is in trouble.

Jobs are being slashed as part of a Canwest MediaWorks Inc. plan, announced in October 2007, to fire local staff in communities across Canada and create four centralized broadcast facilities in Vancouver, Edmonton, Calgary and Toronto.

CanWest says this restructuring will result in an overall reduction of 200 positions (after accounting for new positions in the four production centers). They say news staff will remain in Victoria, submitting their work to the Vancouver broadcast center in a packaged format ready to air. A local anchor will remain in Victoria using a mock studio.

A passionate e-mail sent to the Martlet at 3:30 a.m. last Friday morning appears to express the grim reaction of some workers at CHEK News, who are represented by the Communications, Energy and Paperworkers Union, Local 815 (CEP 815). The unsigned e-mail is from a Yahoo e-mail account, with the user name "cep815." The Martlet has so far been unable to determine the source of the e-mail and calls to the union were not returned.

Discontented employees may seek anonymity due to fear of reprisal. There are few employers to choose from in such a highly concentrated media industry. While CanWest has repeatedly stated that they will continue to produce local news, the e-mail expresses concern that staff in Victoria will "lose complete control of CHEK News.

"The decision-making will be done in Vancouver. The content will be decided in Vancouver. The entire production will originate from Vancouver. CHEK News will become a Vancouver-based newscast with a few minutes of Victoria stories inserted," the e-mail said, adding this means the end of live newscasts in Victoria and the closure of the CHEK television station on Kings Road.

Will local news coverage really suffer, as the anonymous e-mail claims? In theory, CanWest may continue to divide-and-conquer media workers by cutting production jobs while maintaining local news reporting positions. However, using history as our guide, we believe CanWest will ultimately pursue a conquer-and-conquer approach, cutting both production and news staff over time.

"Through the development of a sophisticated broadband network, CanWest's local television stations will now be able to share content of interest to Canadians, by Canadians, faster than ever, across its entire operations," a statement from CanWest reads.

We learned this in kindergarten: sharing is good. But too much sharing of media content comes at the expense of original, diverse and locally produced content.

Excessive media concentration is leading to more centralized media services, more job cuts, and ever-decreasing investment in local and diverse content and perspectives. It is becoming a crisis that demands a public response.

The anonymous e-mail is right to be calling for action. Write to politicians. Write to CanWest management. Join the Friends of Canadian Broadcasting. Create some noise outside the CHEK News station.

The e-mail even calls on people to go to the CEP website and tell the union's Vice President, Peter Murdoch, that "CEP needs to get off its perch and do something dramatic like a national campaign!"

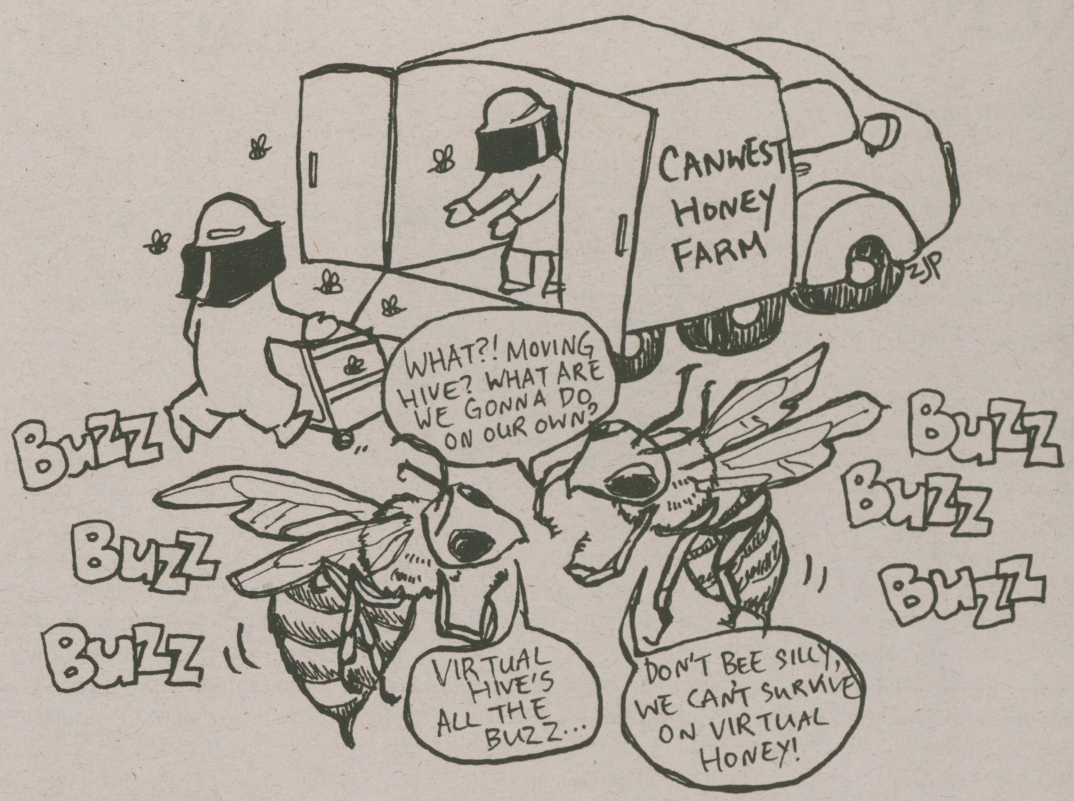
Journalists are notoriously self-righteous, independent, contrarian and opportunistic — natural born scabs and splitters, perhaps. But continued solitary action will contribute to the demise of journalism.

CEP should engage the public. Sometimes what is in the interest of a labour union is also in the general public interest.

That's certainly true in this case.

Editorial topics and stances are decided on by staff at our weekly editorial meeting at 2:30 p.m. every Friday in the Martlet office (SUB B011). Editorials are written by one or more staff members and are not necessarily the opinion of all staff members.

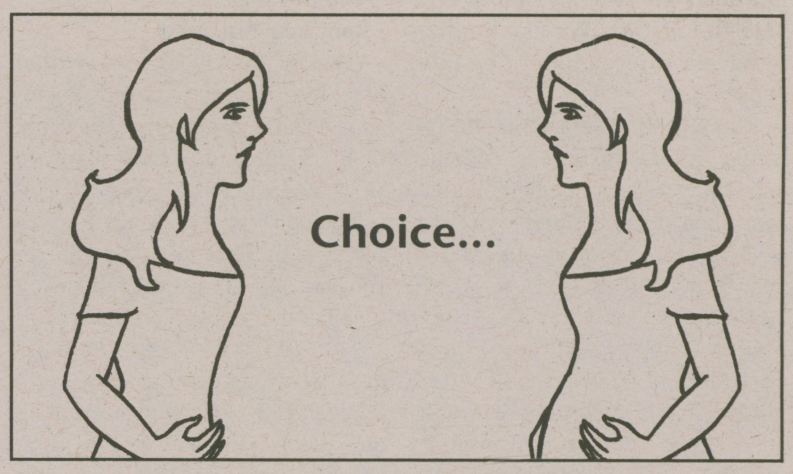
BUSY AS BEES AT LOCAL NEWS FARM



JENNIFER ZHOU GRAPHIC

Pro-choice legislation needs strengthening

Chloe Elias and Meg Conway
WOMEN'S STUDIES EQUITY AND OUTREACH COMMITTEE MEMBERS



This month marks the 20th anniversary of the decriminalization of abortion in Canada. It's a time for women in Canada to celebrate this legal recognition of our right to exercise control over our own bodies.

But it is also a time to recall Canada's anti-choice history and consider the shortcomings of Canada's legal position on abortion.

On Jan. 28, 1988, as a result of abortion clinic founder Dr. Henry Morgentaler's ongoing legal challenges, the Supreme Court found Canada's abortion law to be unconstitutional. Abortion was removed from Canada's Criminal Code.

Morgentaler ran an abortion clinic in Montreal at a time when women who had abortions could be jailed for two years and those who performed abortions could spend life in prison. Morgentaler himself spent time in jail defending his clinic and women's reproductive rights.

Although abortion may not be illegal, decriminalization does not necessarily require it to be available or accessible. In the last 20 years, there has been no further legislation that guarantees a woman's right to choose. The legal status of abortion in Canada remains in a precarious position because the government has refused to take further action in support of women's rights.

As Canadians, we pride ourselves on the accessibility and universality of our health care system. Under the Canada Health Act, abortion is a public health service, and therefore should be equally accessible across the country. In practice, however, this is clearly not the case.

Throughout Canada, only 17.8 per cent of hospitals provide abortion services. In Saskatchewan, Manitoba and Nunavut, there are no abortion clinics, although you can get abortions in hospitals. In New Brunswick, a woman needs two doctors to approve an abortion in a hospital. In Prince Edward Island, the provincial government chooses to pay a $175,000 penalty to the federal government rather than provide any abortion services. This is a direct violation of the Canada Health Act, and women of P.E.I. bear the brunt of this inequality of service.

In B.C., provincial health care covers the cost of the procedure, but for medical abortions, the cost of medication is not covered. You must be a resident of B.C. for at least three months in order for your medical insurance to cover the procedure. For anyone who doesn't qualify, including students who have been in B.C. less than three months, the cost of an abortion is between $450 and $600.

Access to abortions on Vancouver Island is a problem. Victoria has the only abortion clinic on the Island. To get an abortion outside Victoria, a woman needs a doctor's referral to a hospital with a doctor willing to perform the procedure.

The lack of adequate abortion services in this country means that women who are young, poor and geographically isolated in rural areas are less likely to be able to exercise their right to reproductive choice.

The Women's Studies Equity and Outreach Committee will be celebrating the anniversary of the Morgentaler decision, raising questions about the Canadian government's stance on abortion and exploring reproductive choice with the upcoming film festival "A Womb with a View: An Exploration of Reproductive Choice Through Film." It runs Feb. 5 to 7.

After 20 years, we can commemorate the Morgentaler decision as a landmark in the history of women's reproductive rights.

However, It's important to examine how limited these rights are, and to explore the meaning of choice as it pertains to women having real control over their own bodies.

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Heath Ledger will be missed

Will Johnson

I was too young for Kurt Cobain. I didn't give a shit about Princess Diana.

But now that Heath Ledger has joined the ranks of the too-early departed, I think I finally understand the crazed obsession with celebrity deaths.

My first experience with Heath was *10 Things I Hate About You*, which my sisters still watch on a regular basis. Then I saw *Monster's Ball*, my favourite movie that year. I wasn't the biggest fan of *Brokeback Mountain*, but I thought he was unbelievable in it. I walked out of the movie pretty much wanting to be a gay cowboy.

While I wouldn't say he's my favorite actor, he'd probably crack my top-10 list.

When my friend Sean called me on Tuesday, he was in hysterics. After some yelling and swearing, he finally spat it out: "Heath Ledger died last night! He's dead!"

At first I didn't believe it. As if Ennis Del Mar, as if the Joker, could be gone. It couldn't be true.

Within 10 minutes I'd received more than 10 text messages, all with long lines of exclamation marks and capital letters. I got that panicked, important feeling like everyone needs to know about this ... NOW.

When I got to work, I told the receptionist right away.

"The guy from Knight's Tale? He's too hot to die," she said.

In the staff room, my co-workers all gathered around the computer to see the latest updates on Google. We pored over the details, talked about our favorite Heath movies and tongue-lashed my friend Trevor, who didn't know who he was. I joined the Remembering Heath Ledger Facebook group.

His death has been in the papers, and pretty soon it'll probably be on the covers of every magazine in Safeway — but I haven't quite figured out what I think.

Celebrities take drugs, and then celebrities die. That's how it works.

There are those who say, "People are dying in Iraq!" (or Afghanistan, or Darfur, or wherever). Then they go on some self-righteous tirade about how the general populace doesn't care about the important things in life. But all I was really thinking about was how relieved I am that *The Dark Knight* is already finished filming, and that I'm going to see Ledger's already much-buzzed about performance despite his tragic death.

It sucks that he's dead. It sucks his daughter is going to grow up without him. But it doesn't really affect me beyond that. Does that make me part of the problem? Probably.

THE HAPPY HERETIC

Humanism is hope for the future

Derek Madson
CARPE DIEM SOCIETY OF B.C. FOUNDER

"What is humanism?"

As the founder of a humanist group, I am frequently asked this question. The answer is complicated because there are many internal debates within the philosophy of humanism itself — a chief characteristic which makes humanism so robust. Undaunted by this pitfall, here is my current best attempt at a short description.

Humanism is a philosophy of hope, derived from eternal human striving to make our lives richer and the world better. But humanists insist on real hope, not the fantasy or self-delusion of religion, mysticism, or the supernatural. This hope flows out of a sober and rational examination of the world and our place in it. This includes a realistic understanding of human frailty in the face of the inhospitable nature of the wider universe within which we have carved a tenuous toe hold.

Knowledge is a slippery and difficult thing to attain, and human brains are profoundly prone toward error. Rigorous skepticism as a means of finding truth through the progressive "weeding out" of viable alternatives is the only reliable method by which humans can approximate a truthful representation of the world. This process has a well known name: science. Humanists embrace this rational path to knowledge as a universal acid to dissolve away bad ideas in literally all aspects of life: politics, philosophy, art, social relationships, architecture, medicine and morality.

If humanists have anything that can be called faith, it is the conviction that human potential is unbounded, limited only by our imagination and creative genius. The hope for a better future can only be achieved through the diligent investigation of the world around us, free from dogma, authoritarianism and infused with a healthy self-criticism.

> There's no guarantee that what has worked in the past can be relied on in the future.

This is not the blind, self-delusional faith of religion and dogma. Rather, it is based upon the demonstrated success of the human species to progressively improve the collective prospects of life through the application of human reason and scientific principles.

Humans are responsible to ourselves and each other for the lives we live and the world we create. Ultimately, the world is what we make it. We suffer the consequences of ignorance or inaction, and we reap the rewards of flourishing genius and wise forethought.

Belief systems that are demonstrably false or rationally dubious — such as religion, mysticism, and "alternative" therapies — have consequences that are either directly harmful (e.g. Jihad, restricting abortion, the supposed sinfulness of condom use) or they displace better ideas and are thus indirectly harmful through lost opportunities to do better (e.g. limiting stem cell research on the ridiculous belief that a blastocyst has a soul). Our continued survival and prosperity depend upon the uniquely human aptitude to understand, predict and control the world around us. The future hinges on the necessity to reject bad ideas and amass an ever-improving repertoire of reliable knowledge.

There's no guarantee that what has worked in the past can be relied on in the future. The only safeguard we have against destruction is eternal vigilance and self-betterment.

Humanism, then, is a comprehensive world view that embraces science as the only reliable source of knowledge in all areas of life. It derives hope for a better tomorrow from the ever-growing human capacity for self-improvement.

LETTERS

Like fine wine...

In response to Derek Madson's column, Jordon Gowans parrots the cliché that "new ideas require new people to conceive of them" (Letters, Jan. 24). He then draws the morbid conclusion that "progress is only possible via procreation and death." His premise reflects an ignorance of progress, both in science and the arts. David Galenson from the University of Chicago points out that many artistic geniuses had new ideas— and produced their most influential works— when they were older. For example: Pollock, Rembrandt, Kandinsky and Cezanne.

Keith Simonton, a professor at the University of California-Davis who studies achievement and aging notes that scientists tend to have a major new idea or breakthrough in their 20s, another in their 30s and/or 40s, and one more in their 50s.

I find it very easy to be grateful that Gowans is incorrect when looking over the wide variety of beautiful new ideas in Picasso's 77-year career, or listening to nearly any one of Miles Davis' different albums. Reflecting on Madson's column, I can't help but wonder what masterpieces would now be in our world if masters like these had lived another decade or three of healthy life.

- Michael Shumlich, UVic student

Pot and pot-holes

Your recent article on marijuana use amongst drivers in the region was an interesting one (Driving High, Jan. 10). I was particularly drawn to the statement referring to Cannabis Buyers' Club of Canada vice-president Gayle Quin saying she finds that "smoking marijuana makes her a more careful driver." Yikes!

Such statements adversely affect the marijuana advocacy movement. Just because Quin has not suffered an accident (I assume) while driving high does not mean that she was actually being a more careful driver — even if she thought she was. Her statement completely undermines the movement's cause for marijuana decriminalization. What government or authority would take seriously a group who can admit only the pros of their cause and completely ignore the cons?

In order for the pro-marijuana movement to be successful, we need to approach the issue with truth. While marijuana may be a powerful therapeutic tool, it does not mean that it is without consequences. These consequences are known as side effects, and when pharmaceutical companies ignore the negative side effects of their products and people are adversely affected, we get up in arms. So what makes the marijuana movement so different?

- Chris Wells, Camosun student

Dance with boys

Every time I decide to go out to a public function I ask myself, "Why do I go out?" Sex. Not getting laid, but getting noticed and appreciated. My friends and I went to a dance, in our hottest clothes, at Vertigo on Club 54 Night. We spent two hours dancing in a small group, turning down every potential sex partner and then mocking them.

UVic has an approximate 2:1 girl to boy ratio. Since women are the vast majority, we are empowered, but do not look down on our male counterparts when they ask to fill their side of the bargain. Sex is a natural thing, and boys should be confident enough to ask for it. The sheer mass of women at UVic probably makes most boys skittish. So girls, dance with boys.

- Lacy Stenson, UVic student

Happy? Sad? Enraged? Engaged?
Tell us: letters@martlet.ca
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MOUNTAIN MADNESS

A Student's Guide to the Region's Best Slopes

by Mark Milburn and Jared Skoreyko

Thinking about a skiing vacation for reading break?

UVic student Mark Milburn and Camosun College student Jared Skoreyko travelled to ski hills across B.C. and the northern United States throughout December, evaluating the mountains from a student's perspective.

Big White Ski Resort
Kelowna, B.C.

The price: $68 lift tickets ($56 with student ID)
The hill: Big White can please skiers and snowboarders — and tubers — of all levels. Super-fast tubing is only $3.50 for one go and $15 for two hours, though the course should be 10 times longer. The mountain has deep snow and a fun terrain. Off of the T-bar, you can drop into the back bowl and ski the double-black cliff chair, featuring some of the most free-flowing in-bounds tree skiing anywhere. But Big White lacks the steep terrain necessary to carry you to lightning-fast speeds.

If you're more of a spectator, chances are there's an event going on. Big White hosts roughly 15 major events per season, from boarder-cross to halfpipe competitions.
The park: The terrain park is designed for flow, with four lineups to get in. Sometimes the lines are 20 metres long.
Big White boasts one of two superpipes in Canada, with 18-foot walls. There are also two halfpipes and a normal pipe with 12-foot walls to learn on. They have set up an intricate network of rails, including S-boxes, battleship rails, up-flat-down-flat-down rails and a 20-foot rainbow rail.
The food: In the main lodge, there is a wicked bakery with very reasonable prices (two quiches, an apple muffin and coffee cost $10). For lunch, the $10 soup-and-sandwich deal at the main lodge's Heavenly Café is delicious. If you're set on cooking, there is a grocery store in the main village, but be prepared for high prices.
The parties: The nightlife at Big White (Rackels Pub and Snowshoe Sam's) rocks, with events such as "mini-tricycle races," where a person chugs a pint and then races around a course set up in the bar on a mini tricycle.
The beds: SameSun Hostel, located a drunken five minute stumble from the bars, costs $30 per night.

Silver Star Mountain
Vernon, B.C.

The price: $68 lift tickets ($56 with student ID)
The hill: Silver Star is an underestimated gem that possesses some of the steepest untouched expert terrain in-bounds. Olympic gold medalist Beckie Scott caressed 56 kilometres of Silver Star's nordic trails as her training route, while the Australian Freestyle National Team trains at the mountain.

The bunny hill is a comfortable place for newbies to get a feel for the sport. Further up, open bowls contain some nice green and blue runs, where intermediate shredders can pick up gnarly speeds and do some hard carving. Perhaps the most difficult run is Free Fall, providing a narrowing descent into a treed area that only gets steeper.

The flat parts can be frustrating for snowboarders, but they're not too big a problem because most flats are located beneath steep runs where experienced riders will be carrying speed.
The park: The terrain park contains a halfpipe, rails, and beginner, intermediate, and advanced jumps. There is a variety of boxes and even some old piping.
The food: The grub on the hill is amazing but pricey. The best spot is the Powder Gulch on the backside of the mountain, where you can get a superb $12 burger.
The parties: The nightlife at Silver Star is limited. But there is a newly renovated western-style saloon and two pubs. Local beers and live bands are their specialty.
The beds: Accommodation during non-peak season is about $80 per night for a ski-in-ski-out lodging. Alternatively, the SameSun Hostel is $30 per night. Getting to and from the village is convenient, with multiple buses in the morning and evening.

Schweitzer Mountain
Sandpoint, Idaho

The price: US$55 lift tickets (US$45 for students)
The hill: There is something distinctly American about Schweitzer's perfectly symmetrical village, with music bellowing from the lodges, the smell of the amazing deli sandwiches and the steeziest ski and snowboard gear hanging in the racks. But the mountain is more than just a fashion statement — its famous glades will please any tree skier.

The new Idyle T-bar, which takes you to the best tree skiing on the mountain, is so far out of the way that it is usually untracked. With runs named Study Hall and Detention, it's clear that Schweitzer is meant for students. And be sure to try Stella, a six-person chairlift that starts inside an old mill with a burning smelter oven.
The park: Schweitzer's terrain park includes boxes, jibs, bars, a rail and a few jumps.
The food: It's nearly impossible to find indoor seating in the lodge, and a small bowl of tasteless chili and Powerade cost US$13. At least they give you lots of crackers.
The parties: Although there are a couple bars on the mountain, Schweitzer is really known for its College Daze week in early February, where students are offered super cheap lift tickets and each day of the week is a theme day. That's when the nightlife comes alive.
The beds: Accommodation on the hill is limited to expensive hotels and condominiums, but there's a Super 8 Motel in Sandpoint with rooms starting at US$54 per night.

AHMED MUMENI PHOTO

AHMED MUMENI PHOTO

Red Mountain
Rossland, B.C.

The price: $56 lift tickets
The hill: Red Mountain will probably hand you your ego in a garbage bag when you arrive. But by the time you leave, you'll be a significantly better technical skier or snowboarder. When every car in the parking lot is an SUV or a Subaru covered in decals from backcountry skiing companies, you know you're in for a challenge. Red Mountain's slow chairlifts are a blessing because your legs will need a rest after navigating the steep, technical slopes with deep snow.
The park: The terrain park has jibs and jumps, but there is no halfpipe because there are no snow makers on Red Mountain.
The food: You can ski from the bottom of the mountain right into the centre of Rossland, where you'll find the Alpine Grind Coffee House. They have epic cinnamon buns, coffee and chicken sandwiches.
The parties: If you are 19 then you can venture up to Rafter's Lounge, where live bands, sky-high nachos and $3 pints can help you forget about a tough day on the slopes.
The beds: The Mountain Shadow Hostel in Rossland hardly ever fills up, so you can probably arrive without a reservation. Dorm rooms start at $20 per night.

Kicking Horse
Golden, B.C.

The price: $61 to $64 lift tickets
The hill: Kicking Horse, near the Alberta border, lives without worries of competition — and so they should. When you can step out of the gondola, do a full 360-degree turn and see only skiable bowls, you understand why the resort isn't looking over its shoulder. The difficult runs keep coming on both the CPR and Redemption ridges, as well as the Crystal, Feuz and Over bowls. Off the ridges you'll find more then 40 single and double diamonds, with trees, cliffs and a lot of snow. For beginner and intermediate skiers, Kicking Horse is not the best place to be.
The park: There isn't one.
The food: Seek out the Whitetooth Grill for casual fare or hit up Corks for pizza.
The parties: Try the Local Hero Pub. They have a wide variety of scotches, beers and wines.
The beds: Nearby lodging to fit a student budget is tough to find. If you're willing to drive 15 or 20 minutes, rooms at the Hostel International Kicking Horse River Lodge start at $20 per night. Alternatively, the Powder Express shuttle will take you between the mountain and hotels in Banff, Lake Louise or Field for $85 round-trip (including lift tickets).

Panorama Mountain
Panorama, B.C.

The price: $67 lift tickets
The hill: Whether you're a starving student or a millionaire, Panorama's charm and variety of terrain make it the nicest ski hill in the province. But after a couple of days on Panorama's fluffy-snowed steeps, you will be sore.

The front side has great runs for beginners. If you're looking to step it up a notch, take the Champagne Express, where you'll find difficult blue runs.

The Taynton run is for advanced skiers seeking quick, steep turns around trees and maneuvering inside of chutes. However, the Taynton bowl takes two chairs and a bit of trekking to access.
The park: The one-kilometre-long terrain park contains tables, spines, kickers, rails, an assortment of boxes and a halfpipe. The park, along with a few runs, is open for $15 night skiing.
The food: Breakfast will be waiting for you at the Wildfire Rustic Grill. We were pleasantly surprised by a greasy, hearty $14 buffet of bacon, eggs, sausage, hash browns, fruit, yogurt, cereal, muffins and pastries.
The parties: For nightlife, the place to be is the Crazy Horse Saloon. Locals and ski staff party it up late into the night. The Jackpine offers a tamer, more traditional ski lodge pub.
The beds: You may end up spending the night in your car if you're not willing to pay high sums for a hotel room. The Pine Lodge is the cheapest place on the hill, with rates between $85 and $179 for a room with a queen bed. Nearby Invermere doesn't offer anything significantly cheaper.

Preservative sickness

Think you know your food? Additives may leave you guessing.

Kimberly Bruce

It was the worst hangover I'd ever had. I lay on the couch in agony the day after my sister-in-law's wedding, retching every few minutes.

What happened? A year earlier I could easily drink half a bottle of Yellow Tail Shiraz with no ill effects. My boyfriend's mother, a nurse, suggested I might have a sulfite sensitivity. I've been reading food and drink labels closely ever since.

Most people know peripherally that food additives aren't good for them. But often they don't suspect just how much additives could be affecting their lives. Something as minor as a mild sensitivity to sulphite preservatives can cause an upset stomach and cramps and can provoke pre-existing conditions such as asthma.

> "Ninety per cent of the people who've had a reaction... don't think it's a food additive — they think it's the food."
>
> *- Dr. Lilliane Gendreau-Reid*

Many people aren't even aware they have sensitivity to food additives, said Dr. Lilliane Gendreau-Reid, a leading pediatric immunologist.

"Ninety per cent of the people who've had a reaction and come in don't think it's a food additive — they think it's the food," she said.

Gendreau-Reid, a member of the Asthma/Allergy Information Association, said allergies are an immune response to something a person has eaten or had contact with. Sensitivities cause similar reactions, but the mechanism by which they do this is unknown. The Asthma/Allergy Information Association maintains that 30 per cent of Canadians are affected by allergies.

Few studies have been conducted on allergies to food additives, said Gendreau-Reid, so it's a difficult condition to diagnose. Food additive allergies and sensitivities often don't show up in regular allergy testing, so Gendreau-Reid recommends keeping a food diary to pinpoint the cause.

The matter has been largely ignored in North America, where concerns about preservatives are largely limited to MSG, a suspected neurotoxin proven to cause migraines. In Australia and New Zealand, public interest has prompted reforms in labeling to help consumers who don't want to ingest food additives make informed decisions.

And it doesn't stop there. Major concerns were raised over the amount of sulfites being added to wine in Australia. Wine producers argued against labeling because sulfites occur naturally to a small degree on the outside skin of grapes. But consumer pressure changed the legislation and now wines with sulfites added during processing must state this on their labels — though there is still danger of sulfites being sprayed on grapes directly after they've been picked.

So why use these chemicals at all? Sulfites are an anti-oxidizing agent added to processed starches to prevent browning. Frozen french fries or baked goods are common examples that benefit from this. Sulfites were even used on lettuce in salad bars until 1986, when they were proven to have caused 13 deaths by anaphylaxis in the U.S.

While food additives in small doses won't harm the average consumer, Gendreau-Reid has her suspicions. She said additives don't necessarily create a reaction on their own, but may aggravate pre-existing inflammations. Thirty per cent of her

allergy patients have reactions to food additives, she said, the most common being MSG and sulfites. About nine per cent of Canadians are affected — many not even knowing it.

"If someone thinks they have a sensitivity to microwave popcorn, then I recommend they try eating it every night for a week, because a reaction is cumulative," said Gendreau-Reid. "If you don't react to three servings of popcorn then it's probably not the preservatives. But if they do react, then I suggest they eat only fresh, God-made food for two weeks to clear out their system. Then if they're well they can reintroduce a little bit [of the food they're sensitive to]."

Gendreau-Reid doesn't think current food labels sufficiently protect consumers, but there is hope. Though many breweries use sulfites as preservatives, many more pride themselves in being preservative-free and will label their beer as such.

Because there is no international standard for labeling sulfites, buying wine is still a bit of a crapshoot.

Cheap wines are the worst offenders — especially whites — because they lack the natural preservatives found in red grapes. Generally, European wines over $20 are safer, but there are no guarantees.

Most spirits have a high enough alcohol content they don't need added preservatives.

I have gotten a hangover or two since I learned about my sensitivity, but I've managed to avoid the agony that sulfites cause me. But just to be on the safe side, I steer clear of processed food. And if I have to eat something out of a box, I always read the label first.

WHAT'S IN YOUR MOUTH?

AHMED MUMENI PHOTO

Treat yourself to chickpeas

Jessica Salloum

Are you looking for something quick and easy to cook after class, but are tired of the same dishes? This week, focus on the beloved chickpea.

Popular in Middle Eastern and Indian cuisine, this legume (also known as the garbonzo bean) is high in protein, iron, fibre and calcium, and low in fat. Canned chickpeas are inexpensive and don't lose their flavour as many other canned beans do. Throw them into salads and curries for a nutrition boost, or use them in the following two recipes.

The first is a traditional hummus recipe. While it's open to variations (roasting the garlic first makes it less pungent), it acts as a good base recipe to begin experimenting with.

The second recipe uses bulgur wheat, a whole grain available in most grocery stores. It's typically regarded as healthier than rice, and lends a great flavour and texture to the dish. It's prepared the same way as long-grain rice, which can be used as a substitute if need be. The pilaf is a one-pot meal, almost like a risotto.

Hummus

500 ml (2 cups) cooked chickpeas
75 ml (1/3 cup) tahini
30 ml (2 tbsp) virgin olive oil
1-2 cloves garlic
30 ml (2 tbsp) fresh lemon juice
salt and pepper to taste
sprig of parsley (optional)

Blend ingredients in a blender or food processor, adding water or liquid from the can of chickpeas if contents are too thick. Taste, and add lemon juice or salt if needed. Garnish with a brush of oil and sprig of parsley if desired. Add cayenne for a bite.

Makes one large serving.

Bulgur Wheat Pilaf

2-3 chicken legs
30 ml (2 tbsp) olive oil or butter
1 medium onion, chopped
250 ml (1 cup) chickpeas, cooked
350 ml (1 1/2 cups) bulgur wheat
salt and pepper to taste
dollop of plain yogurt (optional)

Boil chicken legs in just enough water to cover them for 30 minutes or until cooked. Remove bones and shred chicken. Reserve water/broth.

In a frying pan, sauté onion in butter or oil on medium heat until translucent, then sprinkle with salt. Add wheat and stir until toasted. Add chickpeas and chicken. Stir well. Then stir in chicken broth and enough water to make three cups. Add salt and pepper if necessary. Bring to a boil, then lower heat to low and cover for 15-20 minutes, or until wheat is soft and water has evaporated. Serve with plain yogurt on top.

This recipe can easily be made vegan by omitting the chicken and using vegetable broth instead of chicken broth.

Makes three to four servings.

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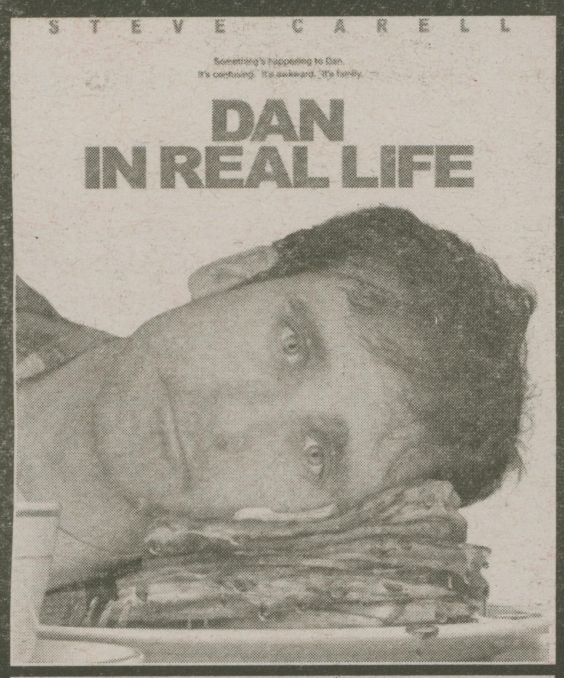

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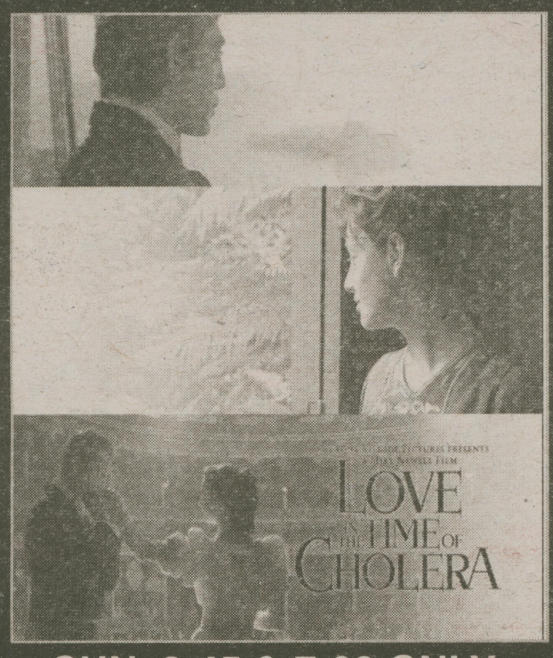

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ASK MISS MARTLET

What women want

Danielle Pope

Dear Miss Martlet:

Why do women like jerks?

-Jaded

Dear Jaded:

Because jerks are better in bed — Just kidding.

Mating might have something to do with it, though. Some studies have linked a woman's menstrual cycle with her attraction to different face types, especially between "macho" faces and those less so. This isn't to say that all manly men are jerks, but it could start to explain the biological pecking order.

But that doesn't mean you have to look like Fabio to get a date. It's actually all about her testosterone level — not yours. According to a study conducted by American Sexuality Magazine, when a woman's testosterone is highest (at ovulation) she is most fertile and is drawn to the "masculine" face type, with sharp features and a wide jaw line. Throughout the rest of her cycle, however, she's attracted to the "caring" look of softer features.

While the term "jerk" is pretty subjective, one can only guess at the reasons women are so often drawn to partners who fit this stereotype. Perhaps it has something to do with the fact that, whether by stunning good looks or awe-striking charisma, some men have learned they don't have act "nice" to attract women — if there's no shortage, there's no reason to make an effort.

Dr. Walter Buhl, a family practitioner and international expert on human behaviour, said he blames jerky behaviour on the woman.

"If the entire population of women boycotted 'jerks' for one week, I guarantee there would be none left in the world," Buhl said.

Buhl also said that low self-esteem is often to blame, and that when a woman shows she's willing to accept a certain type of behaviour, that's exactly what she'll get. As far as why women stay in these relationships, the psychological reasons could reach anywhere from wanting to "fix" a person to thinking they can do no better, to wanting to feel morally superior.

Or maybe these women are jerks themselves — Just like you guys. You can't pigeonhole all of us.

JENNIFER ZHOU GRAPHIC

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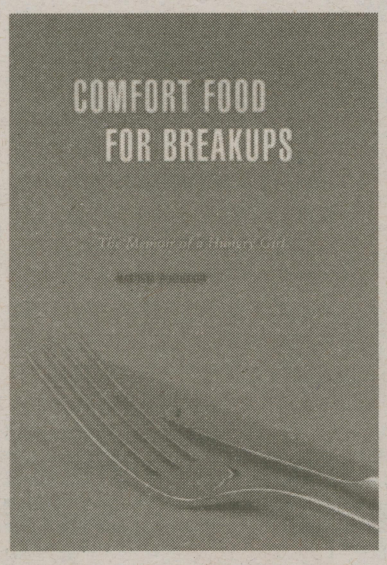
Comfort Food for Breakups: The Memoir of a Hungry Girl
Marusya Bociurkiw
171 pages



Sam VanSchie

Of the precious few ways to my heart, food has always been the surest. I've been known to seal friendships with a hearty bowl of soup and court lovers with picnic baskets stocked with the best wine, fruit and cheeses I can afford.

Sharing this in common with the author, I was hooked on Marusya Bociurkiw's memoir by the end of the preface. Throughout *Comfort Food for Breakups,* she writes as affectionately about food as the people she shares it with. New names are dropped into her book as often as recipes and you'll find yourself scrawling a grocery list in the margins and searching for the best local source of crusty rye bread (the Rheinland Bakery on Fort Street).

The Edmonton-raised Ukrainian transient uses her ethnic foods to ground her throughout the turbulent times in her life. And when things settle, vibrant culinary expression follows. A filmmaker first, Bociurkiw writes her prose in summary. Her chapters are bite-size (about 2,000 words each), titled by the food she'll muse about followed by a tender memory or two about it, a formula that gets tiring somewhere between chocolate and grilled salmon.

Still, any foodie can relate with her hedonistic combining of food and romance. Of one girlfriend she recalls, "She provoked a deep femininity in me, as well as a culinary courage I never knew I had. I cooked for her as I never had before: Spanish appetizers, Thai curries, and Italian tortas landed before her in dizzying, delectable profusion."

But as the title suggests, her lovers don't last. And even the relationship she works the hardest on, that between her and her mother, is never as strong as the coffee brewing in the morning. Her mother disapproves of her radical queer lifestyle, but in the kitchen they are a team, baking cakes or kneading varennyky dough.

In this day when everybody seems to be on a diet, it is refreshing to read a book about food simply as a source of pleasure, instead of guilt or calories or an ecological disaster. This author enjoys her meats and sugars in good company.

CSI lab guy hails from Vancouver

David Karp

Leave it to the Aussies to pick up on our Canadian talent before we do.

I'm in the middle of an interview with actor A.J. Buckley in a downtown Vancouver coffee shop when an Australian named Charles politely interrupts to request an autograph.

"I freaking love your show," the young man says with a thick accent. "I think it's great. It's in the papers where I'm from. You're dating Sharni Vinson, right?"

Buckley pauses. He signs, but not without skepticism.

"I think this guy is fucking with me," Buckley explains afterwards. "I don't know. I saw him earlier. I don't know. It just kind of cracks me up."

Buckley, a 29-year-old actor born in Ireland and raised in Vancouver, is a little uneasy with the attention he's starting to attract. Best known for his current role as Adam Ross, the nerdy lab guy on *CSI: NY*, the actor has played a wide range of roles since he moved to Hollywood to play bully Chug Roman in the 1998 horror flick *Disturbing Behavior*.

At first, Hollywood wasn't easy. Work was hard to find and Buckley had to rough it.

"I got down to $32," he said. "I was living out of my car and it was kind of a moment of truth. Was this what I wanted to continue doing?"

Ten years later, Buckley is on a hit TV series and playing diverse roles on the big screen. Not to mention he's got a movie star girlfriend, Sharni Vinson, famous down under for her role on the Australian soap opera *Home and Away*. After the couple met at a barbecue Buckley hosted last July 4, he's been making trips to Australia every time he gets a few days off. Now, Vinson is moving to L.A. to be with him.

PROVIDED PHOTO

A.J. Buckley might turn some heads and his relationship with Aussie actress Sharni Vinson is certainly no hidden matter.

"That was actually my first real experience with paparazzi and being hounded," Buckley said. "We'd go out on a date and they'd be hiding in bushes. She's a really big star and *CSI: NY* is a really big show in Australia."

In fact, Buckley is probably far more famous in Australia than in Canada.

"I kept saying to photographers, 'Guys, I'm a nobody.' And they'd say to me, 'You're big in Australia,'" Buckley explained.

But if talent is any indication, Buckley should start gaining attention for reasons other than his girlfriend.

Buckley is just as at home playing the bad guy as he is playing the nerd on *CSI*. He's always willing to take on new work.

"I'm the guy in the lab. I have an absolute blast with this character ... but in the off-season I might go do Broadway or go to the U.K. and do something over there on stage," said Buckley. "I love a character that you can lose your mind in."

Buckley will continue playing Adam Ross, while taking on whatever work he can find.

After the writer's strike, he expects to return to the paranormal drama *Supernatural*, as investigator Ed Zeddmore.

In addition to acting, Buckley has started the film company Fourfront Productions with two friends. It's currently producing a muppet video called *Suds*.

"We set up a webisode with Jim Henson's company," he said. "I can't go into details right now, but it's a puppet-reality-type-situation for the web."

And for now, Buckley's enjoying the moment.

"I just love acting — to show up and to meet new filmmakers and to work and be on set and see the lights and hear the camera — it's the greatest feeling in the world."

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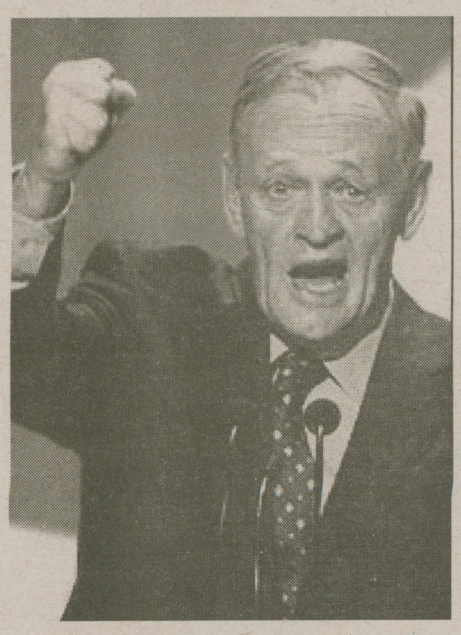

to run for the UVSS Board of Directors

Elections for the 2008-2009 UVSS Board of Directors are coming up and all UVic undergraduate students are eligible to run for a position.

Nominations open on **MONDAY, FEBRUARY 4th** and close at 4:00pm on **MONDAY, FEBRUARY 11th.**

During the above dates, nomination forms can be picked up and completed forms can be submitted to the Elections Office in SUB B106.

Campaigning begins on **MONDAY, FEBRUARY 25th** and goes until the close of polls on **FRIDAY, MARCH 7th.** Polling will take place on **MARCH 5th, 6th, AND 7th.**

For more information go to **www.uvss.uvic.ca.**

TOP TEN

FOR THE WEEK OF JANUARY 28, 2007

1. VIDEO HIPPOS
   Unbeast The Leash (Monitor)
2. HOLY FUCK*
   LP (YOUNG TURKS)
3. OUTLAW SOCIAL* †
   Dry Bones (Self-Released)
4. KATIE STELMANIS*
   Join Us (Blocks Recording Club)
5. THE PACK A.D.*
   Tintype (Mint)
6. MONGRELS*
   Oshawa (Weirdbeard)
7. BISON*
   Earthbound (Forest)
8. VARIOUS* †
   All Your Ears Can Hear (AYECH)
9. FOND OF TIGERS*
   Release The Saviours (Drip Audio)
10. CORB LUND*
    Horse Soldier! Horse Soldier! (Stony Plain)

* Canadian artist † local artist

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Hear the weekly top ten on Charts and Graphs every Thursday at 4:00 PM on CFUV 101.9FM.

VICTORIA FILM FESTIVAL

Sleepy town captivates

What: *Hope*
Where: Plan B Nightclub
When: Feb. 6 @ 7:15 p.m.
How much: $7

Gemma Karstens-Smith

PROVIDED PHOTO

***Hope* will strike a chord with broken families.**

Hope, B.C., sitting at the junction of three highways, is a town of transitions. Thomas Buchan and Stuart Reaugh's documentary *Hope* echoes the town's constantly transforming nature.

The film revolves around artist Ken Paquette, the breakup of his tumultuous 18-year relationship with partner Winnie Peters, and the effects that ripple through their five sons. Paquette hunkers down in a shady hotel in Hope, while Peters' new boyfriend Rick, a stereotypical ex-con, moves into Paquette's turquoise house on the Schkam Native Reserve across the river. Rick's attempts to play stepfather don't sit well with the oldest son, 15-year-old Kenny, who quickly moves out.

Hope's best moments rest within the boys. Viewers will chuckle when the younger boys sit in a window trying to explain to a friend why they can't come out to play. In the midst of a huge upheaval in their lives, they're still just kids who want nothing more than to have a good time. And watching Kenny's interaction with his father is sure to tug heart strings.

Buchan and Stuart, graduates of the Emily Carr Institute, do an incredible job with cinematography, capturing all the highs and lows of Hope. The scenery is breathtaking, and the images of cloudless skies with children playing in sandpits gives a visceral taste of the tiny town's essence. *Hope* avoids employing any external narrative, which gives the film an honest feeling, but also leaves the story less than polished and often becomes confusing when trying to follow who's who.

At 56 minutes, *Hope* moves rapidly over four seasons. The length doesn't necessarily do justice to the subject, but any longer and it could risk losing the viewer's interest in the family's struggles.

The film isn't perfect, but it's entwined with a surprisingly moving story, and it is fascinating to watch the characters break down, struggle and grow again with a new direction and a hope for the future.

VICTORIA FILM FESTIVAL

Extreme bottle-collecting flick lacks sense of direction

What: *Carts of Darkness*
Where: Odeon Theatre
When: Feb. 3 @ 3:30 p.m.
How much: $9

David Karp

Carts of Darkness provides a glimpse into the world of binners, but much like the career bottle collectors themselves, the film lacks any distinct direction.

B.C. filmmaker Murray Siple can't decide whether he is an outside observer, or a character in his one-hour documentary that debuts at the Victoria Film Festival. Siple was a snowboarding filmmaker until a car accident in 1996 left him paralyzed. He and an alcoholic binner named Fergie compare their stories with nerve damage, and Siple uses monologues to talk about making snowboarding films and the thrill of driving down Mountain Highway.

Though unfocused, the film provides a lighthearted look into the world of three North Vancouver binners. Al, the most captivating of the three, explains how to choose the best shopping cart for racing down the steep Mountain Highway. (Safeway carts outperform Superstore and Save-On-Foods carts because they have good footholds and lack coin boxes).

When Al lands in jail for 10 months in the middle of the film for a crime that's never explained, it leaves a hole in storyline that doesn't get filled. Siple tries to pick up 10 months later as if nothing happened, but viewers are left with unanswered questions.

While crafting a storyline is not his strength, Siple's chromatography skills shine in scenes of Al racing down Mountain Highway. With hard rock blaring in the background and asphalt rushing past, Siple finds extreme sport angles in his new subject matter.

At the end of the documentary the characters feel under-developed. And while that might work for snowboard flicks, it's disappointing here — unless you're just looking for a few good action shots.

Adventurer's book makes for a tedious journey

Alone: Against the Arctic
Anthony Dalton
191 pages

Garth Martens

In his latest book *Alone: Against the Arctic*, adventurer Anthony Dalton recounts his private journey through the Bering Strait in a small boat.

His course runs parallel to a trip taken in 1897-98 by officers of the Bear, a U.S. cutter searching for eight whaling ships stuck in ice.

Unfortunately, Dalton's interaction with the sea never escapes cliché or abstraction. He treats his emotion like a cartoon figure: "Fear danced around me, a taunting, gloating, mocking spectre, prodding me into submission, sure of victory."

When camped outside a village, Dalton listens to the dogs crying "their loneliness to an unsympathetic world." He relies on personification because he can't make his subject compelling any other way.

For Dalton, nature is something to conquer. But he isn't a 19th-century explorer and we expect a more complicated approach. Instead, he offers sentences like this one: "A belligerent wind chased the clouds, leaving behind pernicious eddies to taunt the waves, bullying them to stand and fight or be destroyed and scattered as cowardly tears cast upon an ocean in turmoil."

These waves scatter in tears more than three times in 60 pages. Can Dalton produce no fresh or unsentimental thinking?

He offers a profound observation that "polar bears exist to hunt for food [and] to eat they have to kill." And what exactly is our purpose, Dalton?

He quotes an early explorer, the quote more insightful than Dalton's prose and the explorer more appealing than the author. Dalton's whining deflects our sympathy. He hates the fog, the cold, the bad weather.

Why has he taken on the Arctic? Why not travel the Sahara? No doubt he would complain even then — too much sand.

The book leaves readers' attention wandering in favour of making their own treks. Experience alone doesn't qualify someone to write.

Rather than read *Alone*, look for Peter Matthiessen's *The Snow Leopard*, an adventure that supersedes genre: a metaphysical and consequential text.

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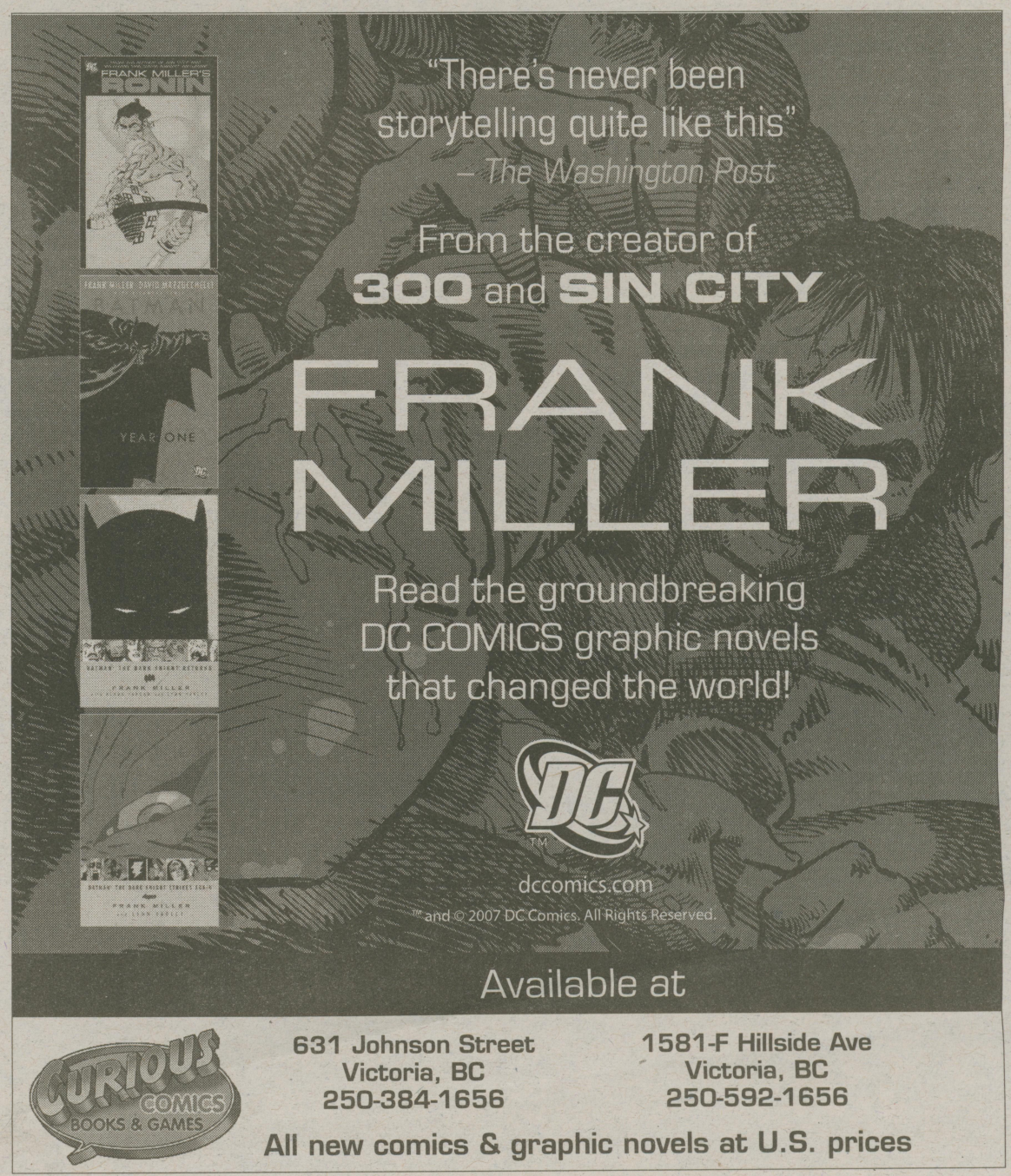


Stop picking on all-stars

NHL's showcase of top players is just for fun

Nathan Lowther

Every year as the NHL all-star weekend approaches, the sports media in Canada feel it necessary to ridicule the event. The game isn't real hockey, they claim. There is no defence, no hitting, no intensity.

Duh.

Over the years, the NHL has tinkered with the game, trying to make it more appealing. They've gone from Eastern Conference-versus-Western Conference to World-versus-North America and back again. They've borrowed from the NBA and incorporated a skills competition and now a young stars game. This year they even attempted to copy the NBA slam-dunk contest by having a breakaway contest where the contestants' creativity was judged by a celebrity panel. And these ideas have worked to a degree.

But who is the NHL trying to make the game more appealing to?

No one disputes the event is a gimmick. But the "experts" on TSN and Sportsnet keep calling for someone to fix the event. They figure this will bring intensity and hitting into the game.

I think that they should shut up and accept the game for what it is: a gimmick for kids.

Look in the stands of any all-star game. It's almost exclusively parents and children who attend. Kids want to go out and see the best players in the world score goals.

The players don't want some intense, physical hockey game. They want to forget about regimented systems and play like they're back on the frozen pond. The all-star game is about skill, not grit.

There are some things the league could do to make the game better. They could abolish the requirement that each team must be represented. With 30 NHL teams and only 36 skaters and six goalies in the game, it means not all the best players are there. And the league could put up some money for the winning team to donate to charity — that might give an extra incentive to hustle back on defence. But the game is never going to look like a playoff game, and it shouldn't.

To those that feel hockey isn't hockey without some bodychecking — fair enough. But as a Canucks fan, I'd be pretty choked if Henrik Sedin was run through the boards and ended up missing the rest of the season. Nobody wants to see their Stanley Cup chances go down the drain because of some gimmick game.

To the commentators who belittle the all-star game for what it isn't: get over it. Real hockey is back in a couple of days anyways.

UVic hockey squad looking sharp after netting pair of wins

Jared Featherstone

A coach once told me, "If you look good, you feel good. If you feel good, you play good."

The UVic men's hockey club took the saying to heart on Jan. 25 and 26. Sporting flashy new uniforms, the team cruised to their second straight unbeaten homestand by defeating the Trinity Western University Titans both nights.

Trinity Western put up a surprising performance on Jan. 25, keeping the score close throughout the game thanks to a hat-trick performance by forward Josh Macknee. Still, UVic dictated the flow of the game and in the end their dominance in five-on-five play proved to be the difference. Vike Justin Cormier added an empty net goal in the final minute of the third period to solidify a 6-4 decision for UVic.

Jan. 26 proved to be a slightly different story, as Trinity Western got off to a quick start. For the majority of the first period they controlled the play, which paid off with two quick goals around the 10-minute mark. In response, UVic yanked starting goalie Tim Manuel in favour of Gord Neave. The Vikes tied the game soon after the replacement, with two Nathan Murray tallies coming 13 seconds apart. After the first period, Trinity Western led by a score of 3-2.

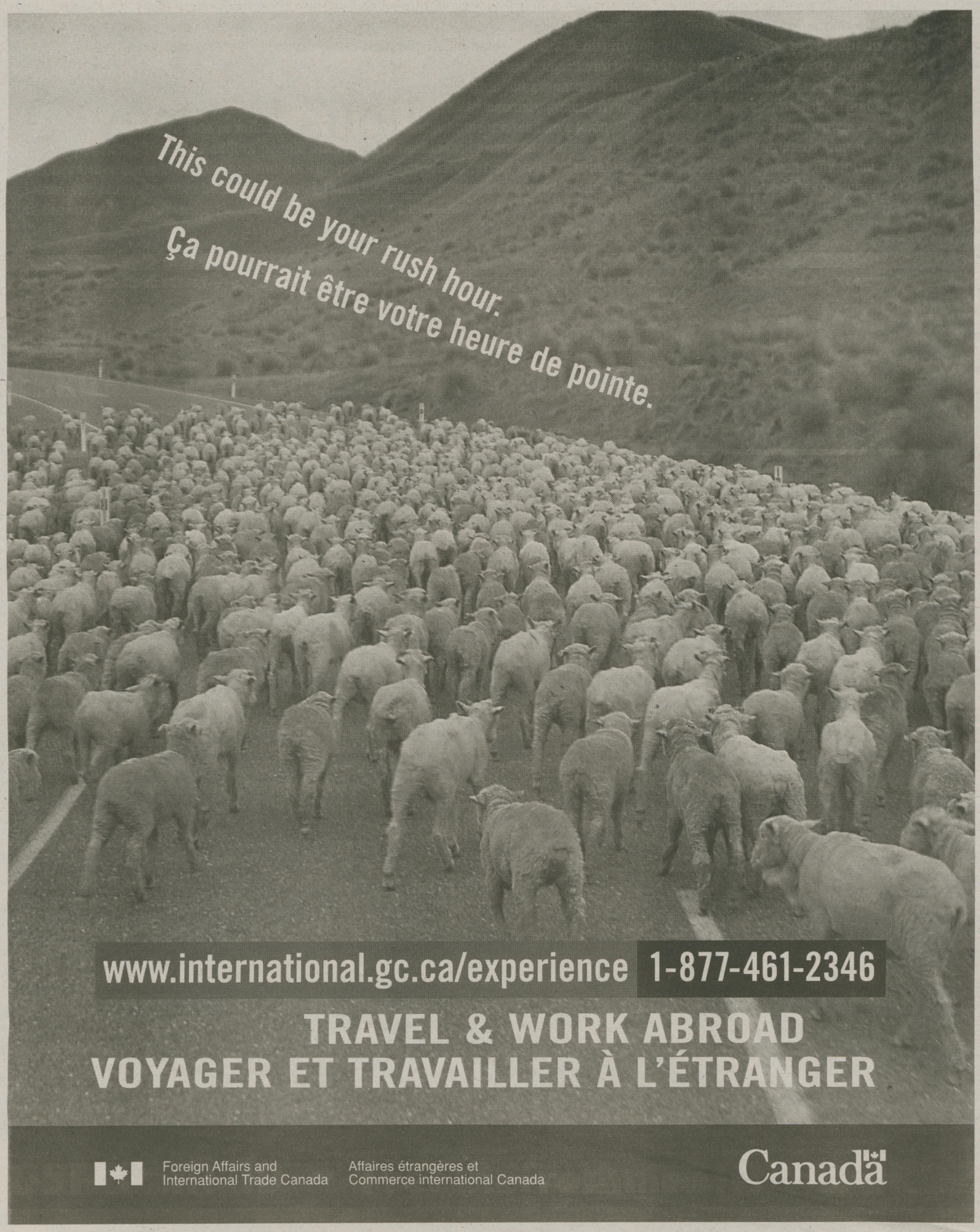
But that was as much success as Trinity Western would enjoy during the game. UVic went on to score five unanswered goals on their way to chasing Trinity Western's goalie out of the net and the Titans out of the building in an 8-4 stomping. The line of Cormier, Murray and Brett Campbell was especially crucial in sparking the team. The trio consistently won battles all night long and it paid off with each player recording multi-point games.

Throughout the series, strong secondary scoring was a recurring theme for the Vikes. Second or third lines often far outplayed Trinity Western's top line. UVic's work ethic of getting the puck deep and playing a simple game proved to be the most successful strategy. Murray, Cormier and Campbell each registered more than four points each over the two games.

The victories this weekend brought UVic within two points of the B.C. Intercollegiate Hockey League-leading UCFV Cascades. The Vikes have two games in hand over their Fraser Valley rivals from a match-up earlier this season.

"If we stick to our hard work ethic and team game, we should be successful this year," said UVic coach Harry Schamhart.

The team will be on the road this weekend to face Selkirk College on Feb. 2 and 3. The next time they will see home ice will be Feb. 22, also against Selkirk College.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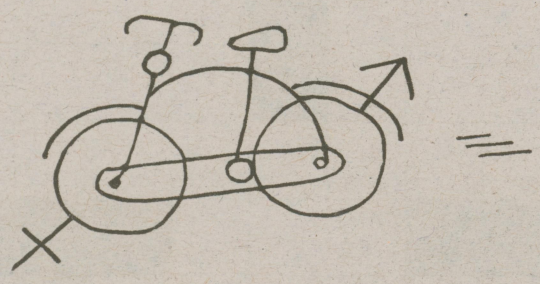
Finding a home for transsexuals

David Karp



JENNIFER ZHOU GRAPHIC

What makes a woman? Are male-to-female transsexuals female enough to compete against women?

While sporting organizations struggle to cope with these questions, a UVic Law Panel on Transgendered Athletes in Olympic Cycling took on the issue on Jan. 24. The 90-minute seminar was attended by more than 50 students and included presentations by UBC human kinetics professor Jim Rupert and Simon Fraser queer sociologist Ann Travers.

Sporting organizations have long struggled to define who is a female and who isn't. In 1966, the International Olympic Committee (IOC) brought in medical examinations, where doctors visually inspected athletes to ensure they were female.

But there were problems. Russian track sisters Tamara and Irina Press quit when the medical exams were brought in.

"There were all sorts of rumours that they were men," said Rupert. "Well, I doubt that they were men. But it wouldn't surprise me if they may have been intersexed individuals and were afraid they would be treated as men and kicked out, or they just felt that really wasn't the world's business."

In 1968, the IOC brought in the Barr-body test which looked for a second X chromosome. Women have two X chromosomes, while males have one X and one Y chromosome. However, women with complete androgen insensitivity syndrome, who have the outer appearance of a female but have internal testes and a Y chromosome, failed the test.

"People are speculating that there are a lot of supermodels that are actually genetically male," said Rupert. "Joan of Arc may have been complete androgen insensitivity. She fought like a man, and was so pure she didn't have a period."

In the '80s, the Barr-body test was dropped in favour of the SRY test, which looks for a particular gene on the Y chromosome, but androgen insensitive women still failed. In 2000, the IOC dropped sex testing altogether.

Rupert said females with a Y chromosome likely have a natural advantage over females with the standard two X chromosomes.

"It is 50 to 100 times more common in these athletes than it is in the background population," he said. "And the only reason I have for that is it does in fact improve your performance."

Only recently have sporting agencies tried to address transsexual athletes. In 2004, the IOC released what is known as the Stockholm consensus, which outlined conditions that male-to-female transsexuals must meet in order to compete against women.

Under the controversial Stockholm consensus, males who become a female before puberty are allowed to compete against women.

However, if the sex change occurs after puberty, an athlete must have their genitals changed, obtain legal recognition of their sex change and undergo at least two years of hormone therapy to minimize gender-related sporting advantages. That's problematic for some transsexuals.

"The Stockholm consensus excludes many transgendered athletes who either lack access to, or choose not to undergo, sex reassignment surgery or hormonal treatment," said Travers. "[It also excludes] intersexed athletes, transgendered athletes who resist assignment to the gender binary altogether and transgendered athletes who are citizens of nations who do not legally recognize sex-change recipients."

The issue is a hot topic in mountain biking. Michelle Dumaresq, a male-to-female transsexual, garnered attention for winning Canadian championships in 2003 and 2006. Danika Schroeter, the second-place rider in 2006, donned a shirt that said "100% Pure Woman Champ 2006" on the podium, earning Schroeter a three-month suspension.

"[Schroeter] gave a public voice to many women athletes' opinions and concerns about male-to-female transsexual participation," said Travers.

She said the Stockholm consensus reinforces sport's view of absolute male superiority.

"The world of sport plays an important role in normalizing gender inequality by emphasizing differences between male and female bodies to celebrate masculine superiority," said Travers. "The idea that mistakes happen and that someone is supposed to be male or supposed to be a female, but there was biological foul-up, is a perspective that is consistent with a two-sex ideology."

Travers said the IOC doesn't have the best interests of transsexual athletes in mind.

"The primary purpose of the Stockholm consensus is for the International Olympic Committee to keep its ass from being sued for discrimination, which is on the horizon," Travers said.

CBC sportscaster loses battle with cancer

Gavin Day

The summer of 1996 is one that will forever remain in the memories of Canadian sports fans.

On July 29, 1996, Donovan Bailey ran the 100 meters in 9.84 seconds at the Atlanta Olympics, simultaneously winning the gold medal and setting a new world record. Exactly one week later, Bailey anchored Robert Esmie, Glenroy Gilbert and Bruny Surin in the 4 x 100 metre relay to yet another gold medal.

If you watched the races on the CBC, chances are you remember how these races were called. As Bailey crossed the line in the 100 metres, all we needed to hear to know that our man had won was, "9.84! A world record for Donovan Bailey!"

The following Saturday, Canada already had the lead as Surin handed Bailey the baton; and as he did so, Surin raised his arms in victory. Surin knew his teammate was not going to be caught. When Bailey was 10 meters away from the finish, he raised his right arm in victory as well. As the celebrations began, a jubilant voice proclaimed, "If you're a Canadian, you have to love Saturday nights in Georgia!"

The man who called these races, Don Wittman, passed away on Jan. 19 at the age of 71, following a battle with cancer. Wittman provided the voice for Canadian audiences for many ups and downs in Canadian sport, working for CBC since 1961.

Wittman is arguably most famous for being the voice behind one of the most replayed clips in Canadian sports history. He provided the call on the day that Ben Johnson seemingly won the gold medal in the 100 metres at the 1988 Olympics in Seoul, South Korea. He also called the race when favourite Perdita Felicien disastrously crashed into the first hurdle in the women's 100 metre hurdles at the 2004 Olympics in Sydney. On the positive side, Wittman called Mark McKoy's gold in the 110 metre hurdles at the 1992 Barcelona Olympics and the late Sandra Schmirler's gold medal in curling at the 1998 Winter Olympics in Nagano, Japan.

What set Wittman apart from other broadcasters was his versatility. He never seemed to take a break. In the winter, he would call Hockey Night in Canada games and curling. In the summer, he would be in the booth calling track and field and the CFL — all for the CBC.

Wittman's expression was unmatched by any other broadcaster. Good or bad, his tone duplicated the emotions of his viewing audience. The joy he showed when Bailey or Schmirler won gold mirrored how Canadians at home were celebrating. The shock in his voice when Felicien crashed out after being labelled the favourite was the same as any devastated Canadian sports fan watching at home.

For those aspiring to be broadcasters, listening to tapes of Wittman is essential. His love for sport and his job was obviousand his voice will remain as indelible as the events that define Canada's sporting history.

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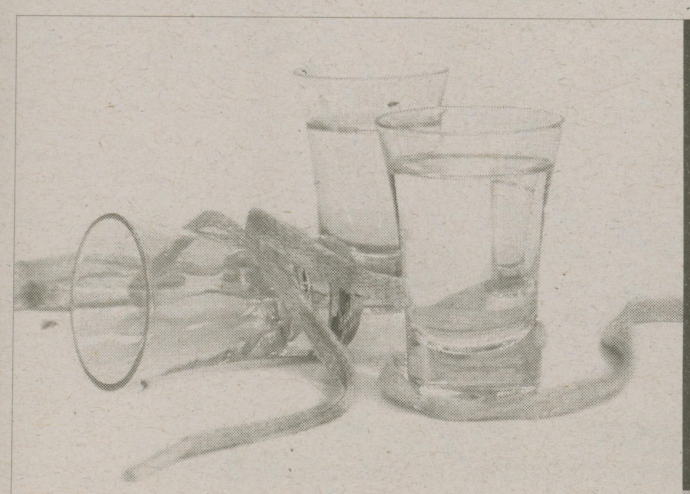

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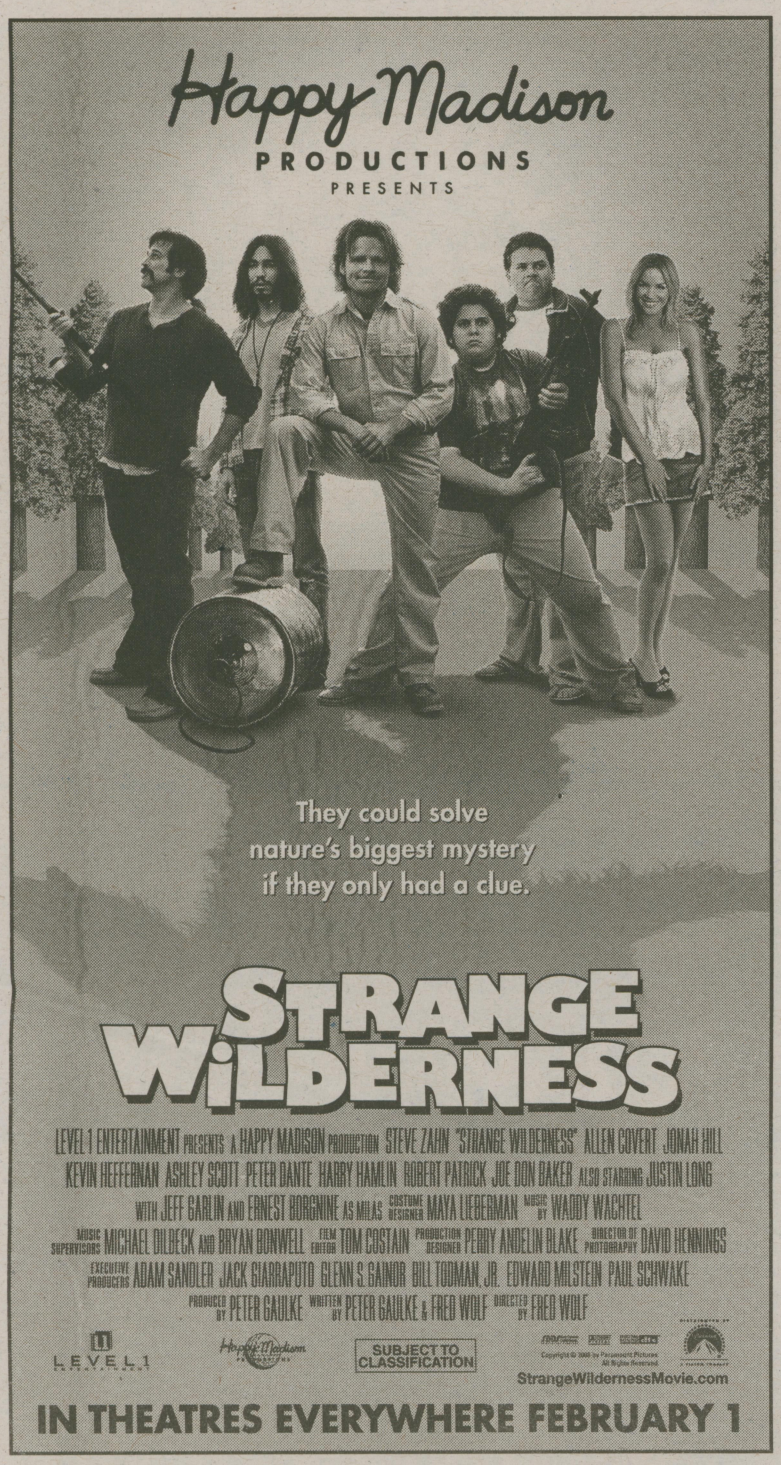
LOOK-ALIKES

Conan O'Brien, late-night talk show host

George Robinson, former UVSS chairperson candidate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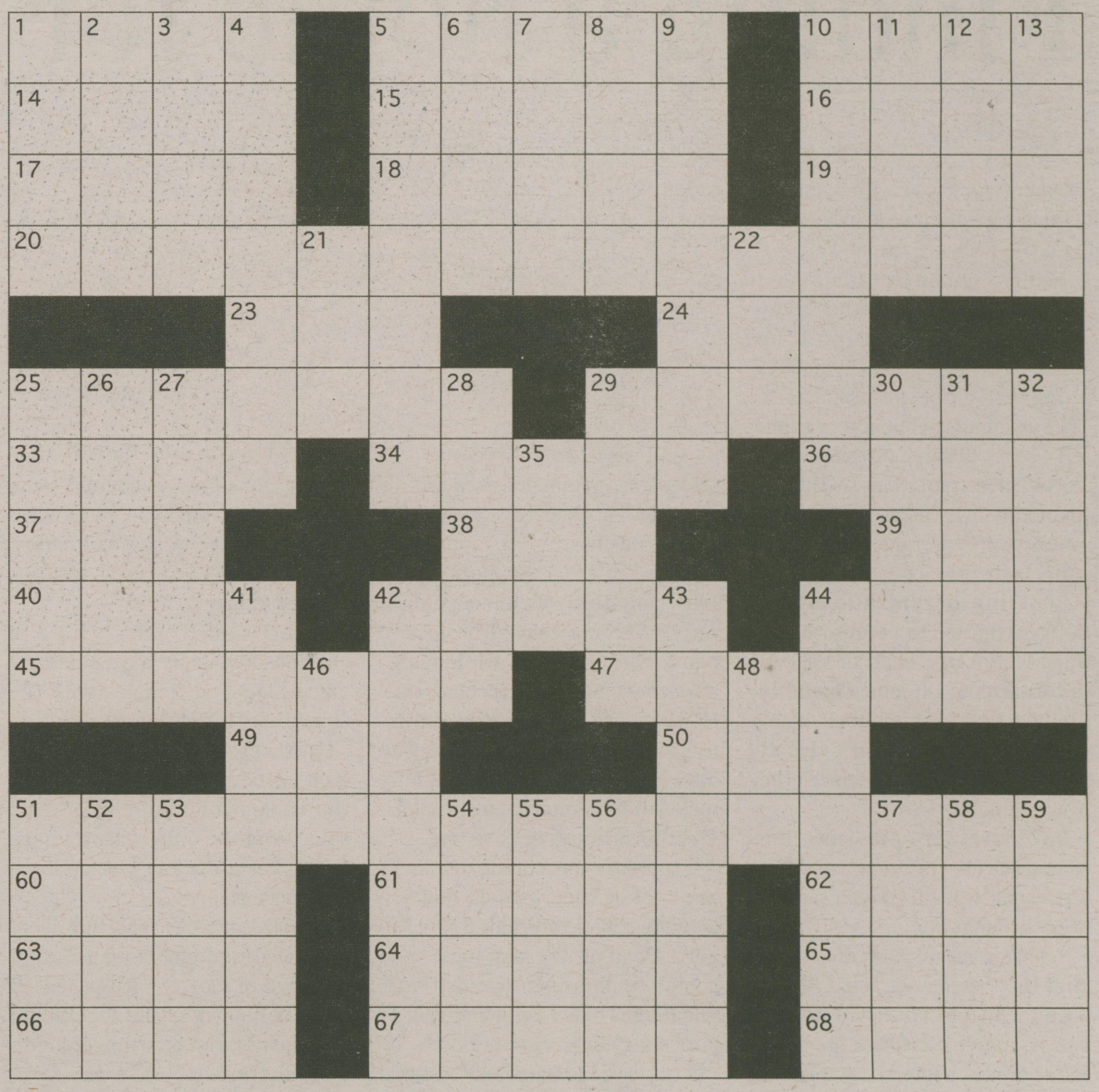
The Martlet Crossword by Niko Skartvedt



ACROSS

1 You might draw them for order
5 Richard Starkey became one
10 In the distance
14 Ambience
15 Bears or blind mice
16 Character
17 Raced
18 Paraphrase
19 Lukewarm
20 It is ironic to have a moratorium on this
23 Ring of flowers
24 Scottish for 'own'
25 Risings
29 Slightly opaque
33 Exclamations from Homer
34 18 year period of eclipses
36 Unnecessarily complicated unit of distance
37 Applicability
38 Showed the way
39 Aries's avatar
40 Flip (as in through a book)
42 Bird-like
44 Stubborn senator of Rome who opposed Gaius Julius Caesar
45 Gain access to
47 James Bond now counts these in quanta
49 Negative, colloquially
50 Indian bread
51 Advice to one who is violently against vegetables
60 Songs
61 The revenging Montoya
62 Penn or Connery
63 Commonly confused with fewer
64 Often a metaphor for rage or madness
65 Try, as in limits or patience
66 Fruit from a palm tree in Africa and the Middle East
67 Single's tennis?
68 Alternative schools can specialize in these

DOWN

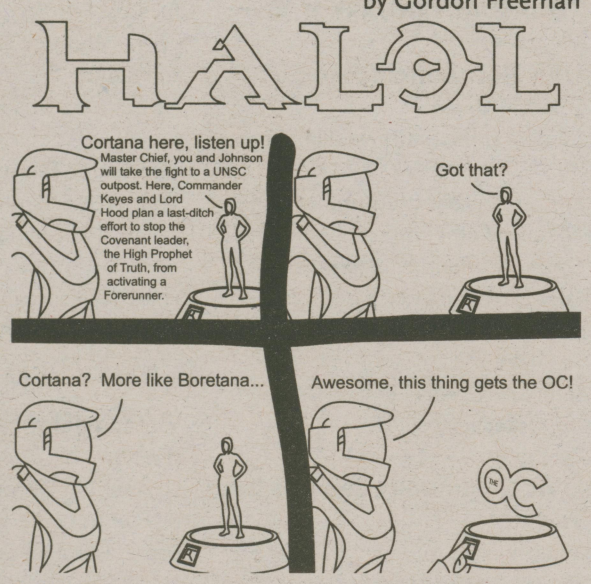
1 Final
2 Klutz or clumsy fairy
3 Goes with family
4 Prepares for departure
5 They can be dire
6 Massachusetts Bay Transportation Authority, as opposed to the elevated rail in Chicago
7 Part of the foot
8 What to do after you sow
9 Withdraw (as in a command)
10 Secret knowledge of alchemists
11 Usually the wisest person in the room
12 Often misspelled as one word
13 Depend
21 Not odd, poetically
22 One of two guardians of Buddha
25 Matured, theoretically
26 Body of water East of China, as known by Korea, for short
27 Little value
28 Volley
29 Endings, in music
30 Paul of quantum physics
31 Make happy
32 Visual explanations, for short
35 Store specializing in outdoor gear headquartered in Kent, WA, for short
41 Style and ability
42 One not believing in organized religion
43 Some officers in the military, briefly
44 A card game played with two decks and two teams where a team tries to gather seven of one number
46 Reprieve
48 A note to follow sol
51 It can be black in Texas
52 Associated with a light bulb
53 Garment
54 It can be upped
55 Common suffix
56 Prefix meaning 'field'
57 Will not happen, poetically
58 Fill multiple 16 across
59 Creatures of Tolkien

www.martlet.ca

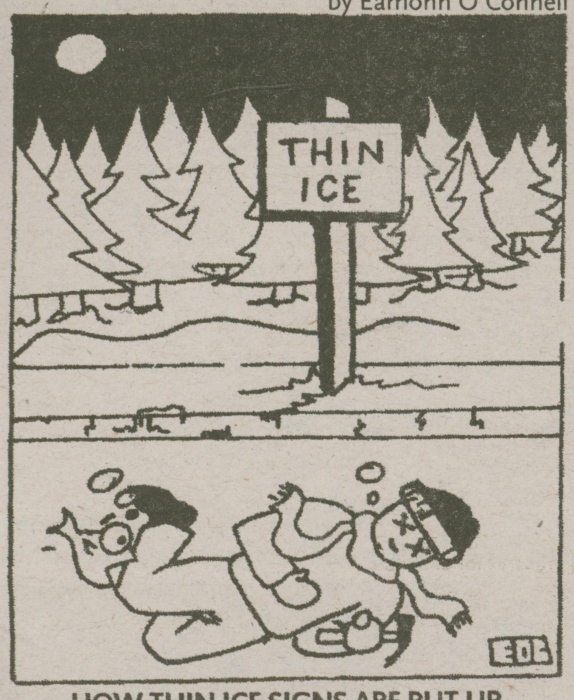
For puzzle answers or to cheat and impress your friends, visit our website.

NOOSEHEAD
©2007 BY SAM LOGAN.
READ THEM ALL AT: WWW.SAMANDFUZZY.COM
WHO CARES ABOUT A FEW ANGRY PHONE CALLS? I'VE GOT BIGGER PROBLEMS.
HE'S SUPPOSED TO BE THE MOST OFFENSIVE MAN ALIVE! WHY IS HE TURNING INTO SUCH A SISSY?
THE TOUR STARTS IN TWO WEEKS, AND ALL MY INFAMOUS DEATH-METAL FRONTMAN WILL SING ABOUT IS FREAKIN' SNUGGLES AND SUNSHINE!
MAYBE IT'S THAT BATCH OF ADORABLE KITTENS HE'S BEEN CODDLING. DIDN'T YOU TRY TO GET RID OF THEM ONCE ALREADY?
UNHAND THAT GODLY FELINE, OR TASTE THE BLADE OF ALPHONSO: WARRIOR CAT PRINCE!
NO.
REALLY? I WAS SURE I HEARD YOU SAY YOU--
NEVER SPEAK OF IT AGAIN.

by Gordon Freeman

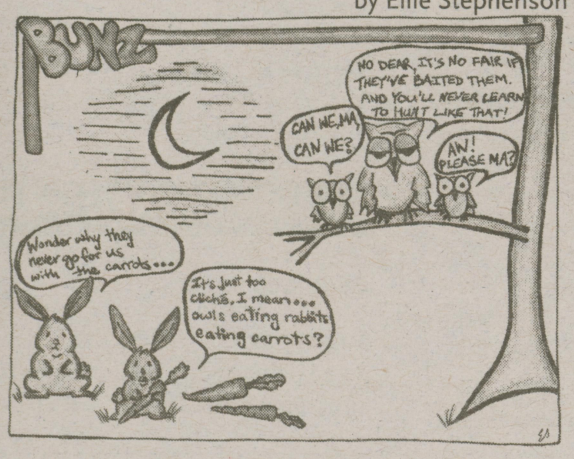

HALOL
Cortana here, listen up!
Master Chief, you and Johnson will take the fight to a UNSC outpost. Here, Commander Keyes and Lord Hood plan a last-ditch effort to stop the Covenant leader, the High Prophet of Truth, from activating a Forerunner.
Got that?
Cortana? More like Boretana...
Awesome, this thing gets the OC!

by Eamonn O'Connell

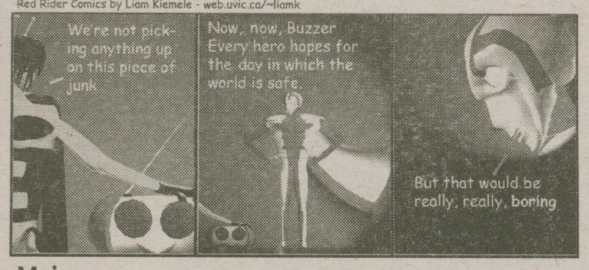


HOW THIN ICE SIGNS ARE PUT UP

by Ellie Stephenson

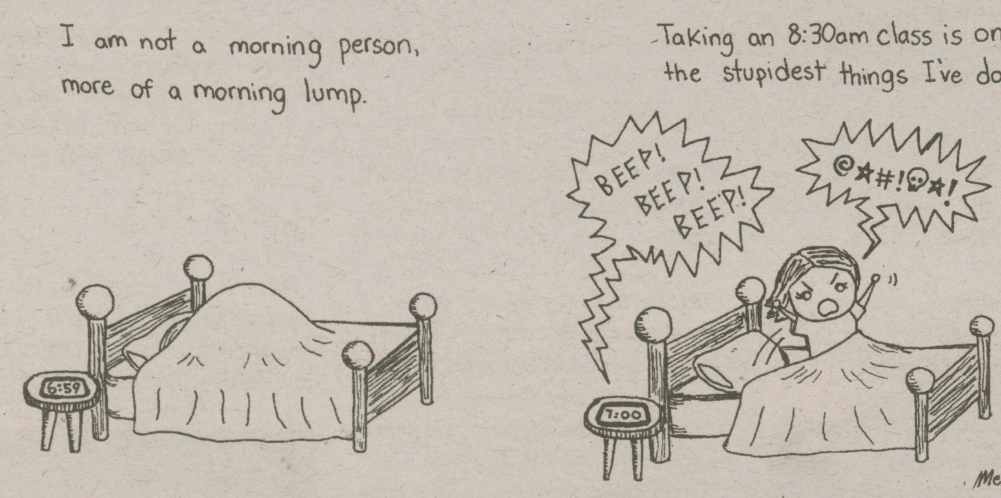

BUNZ
NO DEAR, IT'S NO FAIR IF THEY'VE BAITED THEM. AND YOU'LL NEVER LEARN TO HUNT LIKE THAT!
CAN WE, HM, CAN WE?
AW! PLEASE MA?
Wonder why they never go for us with the carrots...
It's just too cliché, I mean... owls eating rabbits eating carrots?

Red Rider Comics by Liam Kiemele - web.uvic.ca/~liamk


We're not picking anything up on this piece of junk
Now, now, Buzzer Every hero hopes for the day in which the world is safe.
But that would be really, really, boring

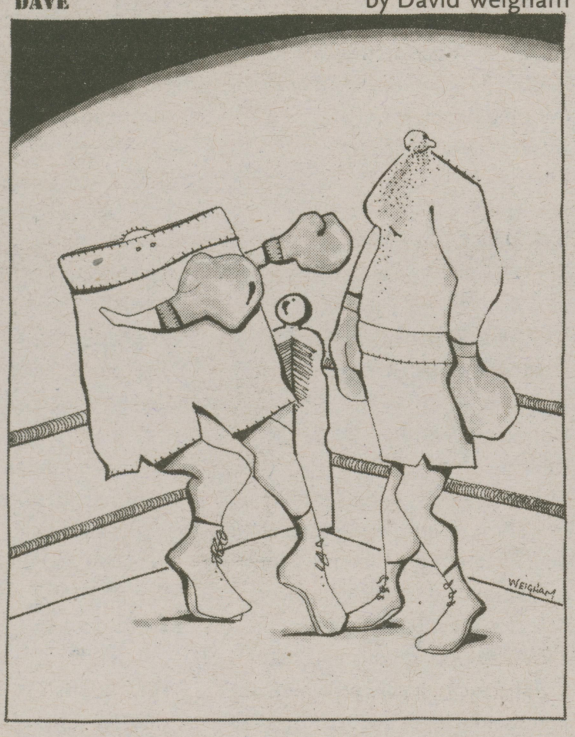
Meicom

by Mary Karaplis


I am not a morning person, more of a morning lump.
Taking an 8:30am class is one of the stupidest things I've done.
BEEP! BEEP! BEEP!
@*#!@*!
6:59
7:00
Mei

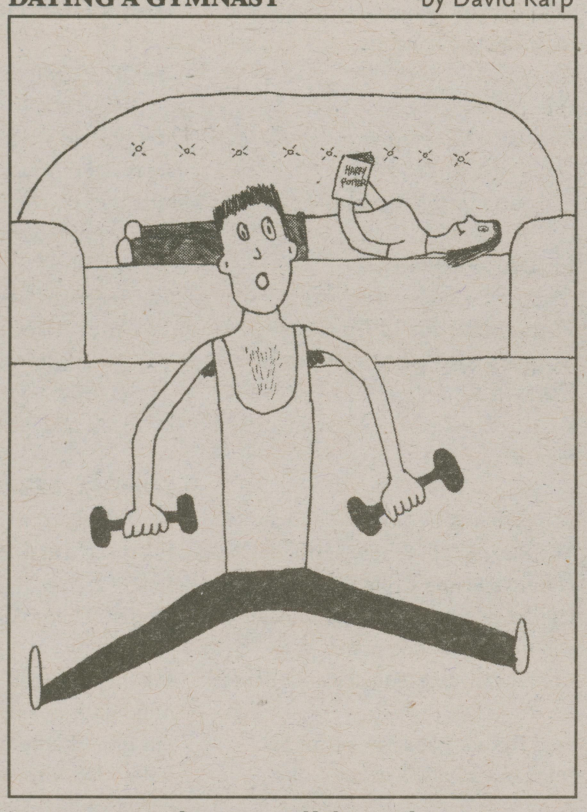
DAVE

by David Weigham



DATING A GYMNAST

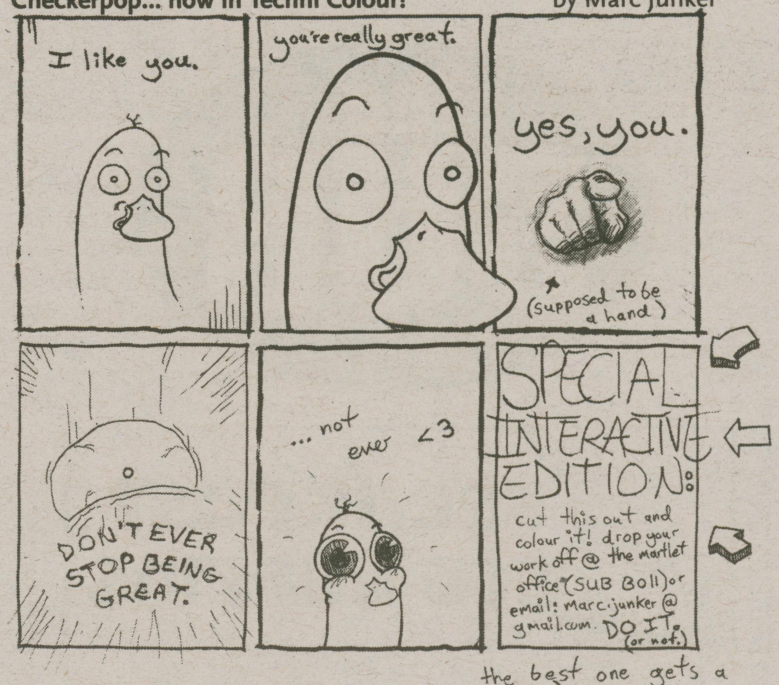
by David Karp



"You know I'll bend over backwards for you."

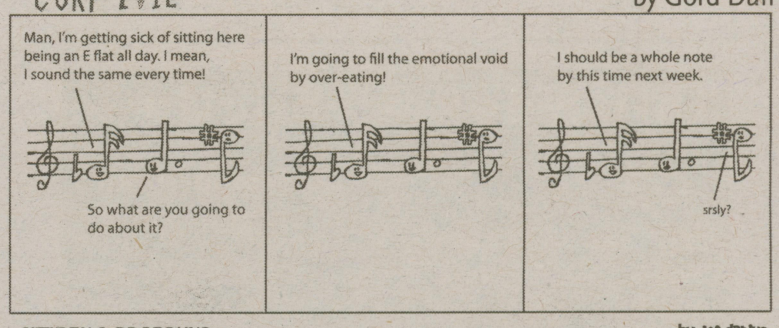
Checkerpop... now in Techni Colour!

by Marc Junker


I like you.
you're really great.
yes, you.
(supposed to be a hand)
DON'T EVER STOP BEING GREAT.
... not ever <3
SPECIAL INTERACTIVE EDITION:
cut this out and colour it! drop your work off @ the martlet office (SUB B011) or email: marc.junker@gmail.com. DO IT. (or not.)
the best one gets a Prize.

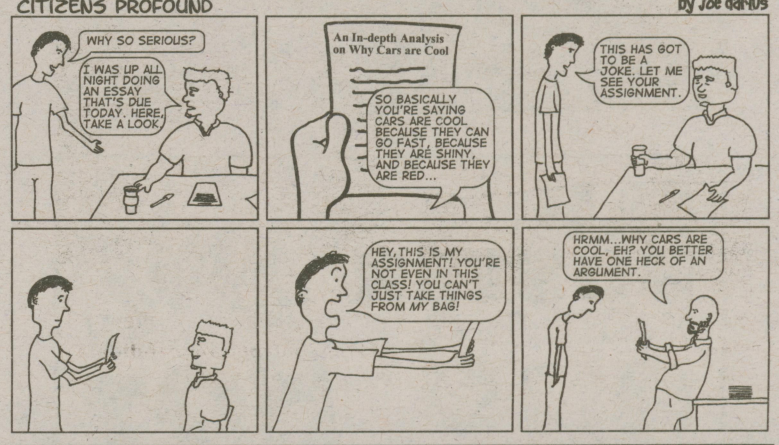
CORP EVIL

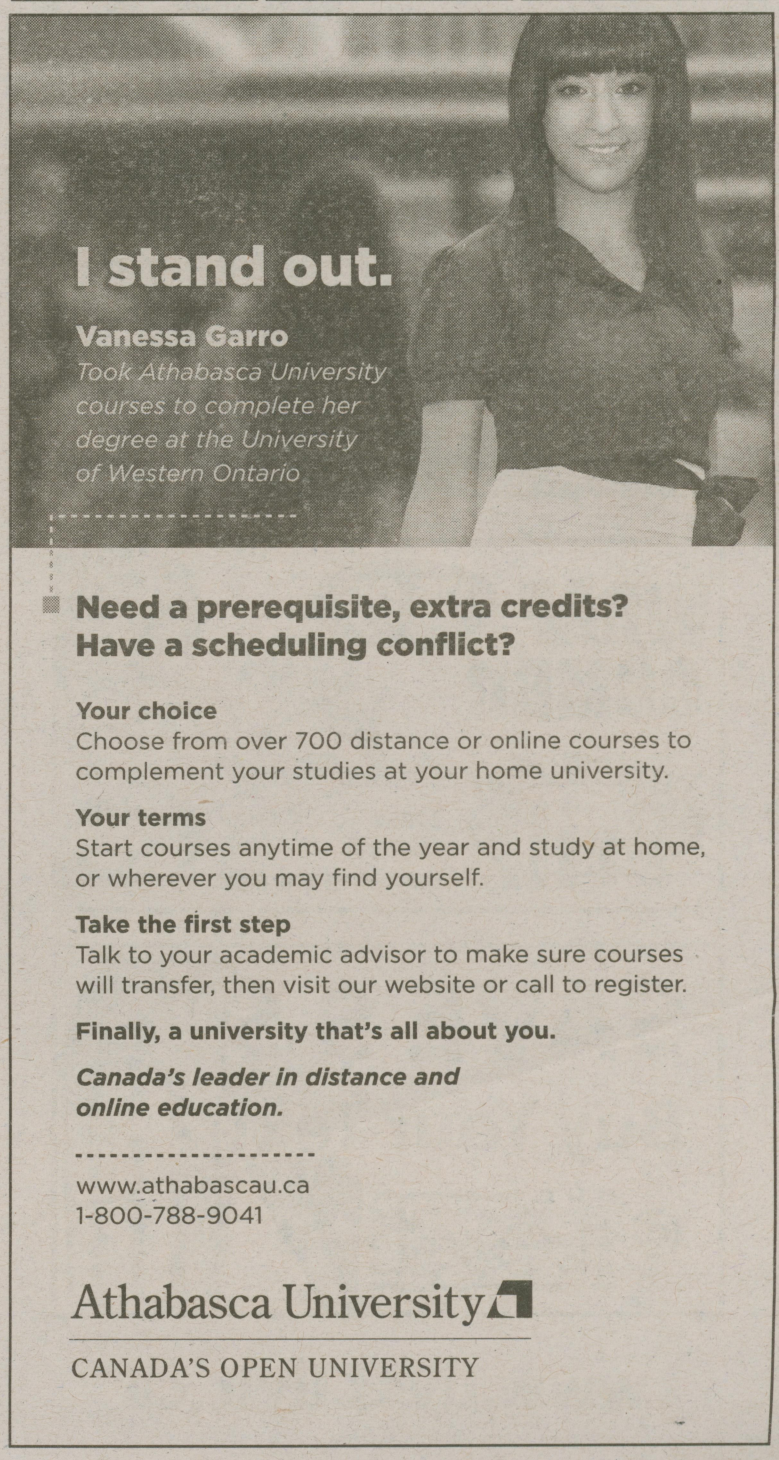
by Gord Duff


Man, I'm getting sick of sitting here being an E flat all day. I mean, I sound the same every time!
So what are you going to do about it?
I'm going to fill the emotional void by over-eating!
I should be a whole note by this time next week.
srsly?

CITIZENS PROFOUND

by Joe Darius


WHY SO SERIOUS?
I WAS UP ALL NIGHT DOING AN ESSAY THAT'S DUE TODAY. HERE, TAKE A LOOK.
An In-depth Analysis on Why Cars are Cool
SO BASICALLY YOU'RE SAYING CARS ARE COOL BECAUSE THEY CAN GO FAST, BECAUSE THEY ARE SHINY, AND BECAUSE THEY ARE RED...
THIS HAS GOT TO BE A JOKE. LET ME SEE YOUR ASSIGNMENT.
HEY, THIS IS MY ASSIGNMENT! YOU'RE NOT EVEN IN THIS CLASS! YOU CAN'T JUST TAKE THINGS FROM MY BAG!
HRMM...WHY CARS ARE COOL, EH? YOU BETTER HAVE ONE HECK OF AN ARGUMENT.


I stand out.
Vanessa Garro
Took Athabasca University courses to complete her degree at the University of Western Ontario
Need a prerequisite, extra credits? Have a scheduling conflict?
Your choice
Choose from over 700 distance or online courses to complement your studies at your home university.
Your terms
Start courses anytime of the year and study at home, or wherever you may find yourself.
Take the first step
Talk to your academic advisor to make sure courses will transfer, then visit our website or call to register.
Finally, a university that's all about you.
Canada's leader in distance and online education.
www.athabascau.ca
1-800-788-9041
Athabasca University
CANADA'S OPEN UNIVERSITY

Events

The SUB

This Week @ Felicita's
Thur - Canucks vs Tampa Bay 4:30pm
Fri - Painted Birds and 7 Year Old Poets
Sat - GI honey Lager $3.50
Mon - Southern Urge and Battle of the Bands
Tue - UPT week #5
Wed - R.O.W. feat DJ Marko
Support your Campus Pub!
www.felicitas.ca
Felicita's campus pub

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www.uvss.uvic.ca

THURSDAY, JANUARY 31

UVic Recruitment Fair
10:00 - 3:30 p.m.
Student Union, Michele Pujol Room

Find connections to summer work, co-op and other career opportunities. For more information, please visit www.careerfair.uvic.ca

Fee: Free
Info: Julie Sanders 8992
jsanders@uvic.ca

UVic Community Services Info Fair
10:00 - 3:30 p.m.
Student Union, Upper Lounge

Find connections to career paths and volunteer opportunities with local, non-profit organizations. For more information, please visit www.careerfair.uvic.ca

Fee: Free
Info: Julie Sanders 8992
jsanders@uvic.ca

Victoria Symphony Education Concert - Big Bongo
1:00 p.m.
University Centre

This concert showcases everything from African drumming to Beetohoven, part of the Victoria Symphony Education and Outreach concert. Maestra Tania Miller will lead the orchestra through this entertaining and exciting concert where the percussionists of the orchestra are let loose. A limited number of tickets will be made available to the public for these two concerts.

Fee: $6.50
Info: UVic Ticket Centre
(250)721-8480
tixcntre@finearts.uvic.ca

FRIDAY, FEBRUARY 1

Fundraiser for UVic Chamber Singers and poor couple in Romania
8 p.m.
Plan B

100 prizes to be won, (Mary Kay, The Body Shop, Ethos, Starbucks, Nando's Flame-Grilled Chicken, The Garden of Eden) and yes, you can win more than one prize!
Contact anyeates@uvic.ca for tickets!

Fee: Tickets $5 each, or 5 for $20
Info: anyeates@uvic.ca

A Womb with a View Film Festival
To commemorate the 20th anniversary of the decriminalization of abortion in Canada, the Women's Studies Equity and Outreach Committee will be presenting "A Womb with a View: an exploration of reproductive choice through film." Six films including features and documentaries will be shown between Feb. 5-7. This is not a debate of pro-choice vs. anti-choice, but rather a discussion of the meanings of reproductive choice.

Fee: By Donation
Schedule of events:
Friday, February 1st
11:00-12:30 p.m.
MacD116: Maneesha Deckha, UVic Faculty of Law, Lectures on abortion and embryonic stem cells.

Tuesday, February 5th ECS 125
5 p.m. "Abortion Stories from North and South"
7 p.m. "Vera Drake"

Wednesday, February 6th Elliot 168
5 p.m. "I Had an Abortion"
7 p.m. "Parsley days"

Thursday, February 7th Elliot 167
5 p.m. "Jane: an Abortion Service"
7 p.m. "Citizen Ruth"

Victoria Film Festival (Feb 1 - 10)
Location(s): Odeon, Capitol 6, Plan B Lounge, Conference Centre, Open Space, Fairmont Empress Hotel

A ten day celebration of film with over 160 films. Featuring Family Day, a Film Forum, New Media Event, Art Exhibition, Animania, Let's Make a Movie and so much more.

Info: (250) 389-0444
www.victoriafilmfestival.com

SATURDAY, FEBRUARY 2

Hexaphone Concert
7:30 p.m.
Crystal Pool, 2275 Quadra

This six member Victoria based vocal ensemble performs a variety of new works a cappella in the acoustically excellent and unique venue of Crystal Pool! Tickets can be bought at the door.

Fee: Adults $15, Seniors $10
Info: www.hexaphone.org

Men's Field Hockey
1:30 p.m.
Field Hockey Pitch

Men's Field Hockey: Burnaby Lakers at UVic. For more information, visit http://vikes.uvic.ca/schedules/index.php?teamid=97#comingup

Fee: See Vikes ticket information at http://vikes.uvic.ca/tickets/
Info: Mike Tucker
(250) 721-8725
vikes@uvic.ca

SUNDAY, FEBRUARY 3

Film - "Stardust"
12:30 - 2:40 p.m.
Student Union, Cinecenta theatre

Matthew Vaughn (USA, 2007, 128 min; PG – violence)
Starring Charlie Cox, Claire Danes, Robert De Niro, Sienna Miller, Michelle Pfeiffer, Jason Flemyng, Peter O'Toole, and Ian McKellen
"FOUR STARS! SPECTACULAR TONGUE-IN-CHEEK FANTASY!"
–Victoria Times-Colonist

Fee: $3.75
Info: 721-8365
cinecenta@uvss.uvic.ca

MONDAY, FEBRUARY 4

Celebrate Toastmasters Week: Open Houses February 4 – 9, 2008

Victoria, BC – Survey after survey shows that presentation skills are crucial to success in the workplace. Many people pay high fees for seminars to gain the skill and confidence necessary to face an audience. Toastmasters provides an affordable option that is held in high regard.

In celebration of Toastmasters Week, Feb 4 - 9th, all clubs in Victoria will be holding open houses. Drop in and find out about us. For a list of open houses throughout Greater Victoria visit http://www.victoriatoastmasters.org

TUESDAY, FEBRUARY 5

Lecture/Seminar - Health-Related Social Justice Issues and their affects on Marginalized Populations
1:15 - 2:30 p.m.
B347, Human and Social Development Building

Dr. Gustafson will be speaking about marginalized populations. In her most recent book - Unbecoming Mothers: The Social Construction of Maternal Absence - she explores the ways women negotiate their lives apart from their children and how they attempt to recreate their identities and family structures.

Fee: Free
Info: Leslie Brown
lbrown@uvic.ca

WEDNESDAY, FEBRUARY 6

Lecture/Seminar - Cultural Appropriation of Religious Beliefs
4:30 - 5:30 p.m.
C118, David F. Strong Building

Lecturer: James Young
Department of Philosophy, UVic

This lecture explores the moral question of whether outsiders act wrongly when they appropriate religious beliefs from indigenous cultures.

The most convenient parking for DSB is in Lot 4, adjacent to Centennial Stadium.

Fee: Free
Info: 721-6695
lakenny@uvic.ca

BILLBOARD

SERVICES

ROOF AND GUTTER Inspection, repairs, re-roofing, power washing, 380-5685.

VOLUNTEER / GET INVOLVED

Look forward to 2008 as a new year with new challenges, new friends, new skills, and a new way of giving. Volunteer with us. NEED Crisis and Information Line 386-6328 / www.needcrisis.bc.ca

Training starts Saturday, Feb 16th. Call or see web for details.

HELP WANTED

Short order cook needed. Experience not necessary but handy. Also, delivery driver needed. License and car are necessary. Call 220-8426.

EDITING

Professional editor, quick, reasonable rates, will polish your paper/thesis. www.pto-editing.com, pto_edit@yahoo.ca, 381 8650

Submit events to: promo@martlet.ca